

# **Palm Beach County: Strategic Planning and Performance Management**



*Moving from Outstanding  
to Excellent!*



## **SUBSTANCE USE AND BEHAVIOR DISORDERS CROSS-DEPARTMENTAL TEAM**

November 23, 2021

# STRATEGIC PRIORITY: SUBSTANCE USE AND BEHAVIOR DISORDERS

*Working together to support individuals and families in Palm Beach County living with substance, alcohol, and mental health disorders.*

John Hulick, Joanna Reid,  
and Jill Singer Community  
Services

Regenia Herring  
Criminal Justice  
Commission

Twila Taylor, LCSW  
Youth Services

Marcy Weiss, LCSW  
Risk Management

Kathy Bolander and  
Jackie Lambert  
Parks & Recreation

Lauren Young-Work, LCSW  
Fire Rescue



Paul Petrino  
Medical Examiner

Vivian Ryland,  
Office of Community  
Revitalization

Brittany Richards  
Office of Financial Management  
and Budget

Lynlee Lebensart  
Library System

Barbara Pinkston Planning,  
Zoning & Building

Cyndi Longley Cooperative  
Extension

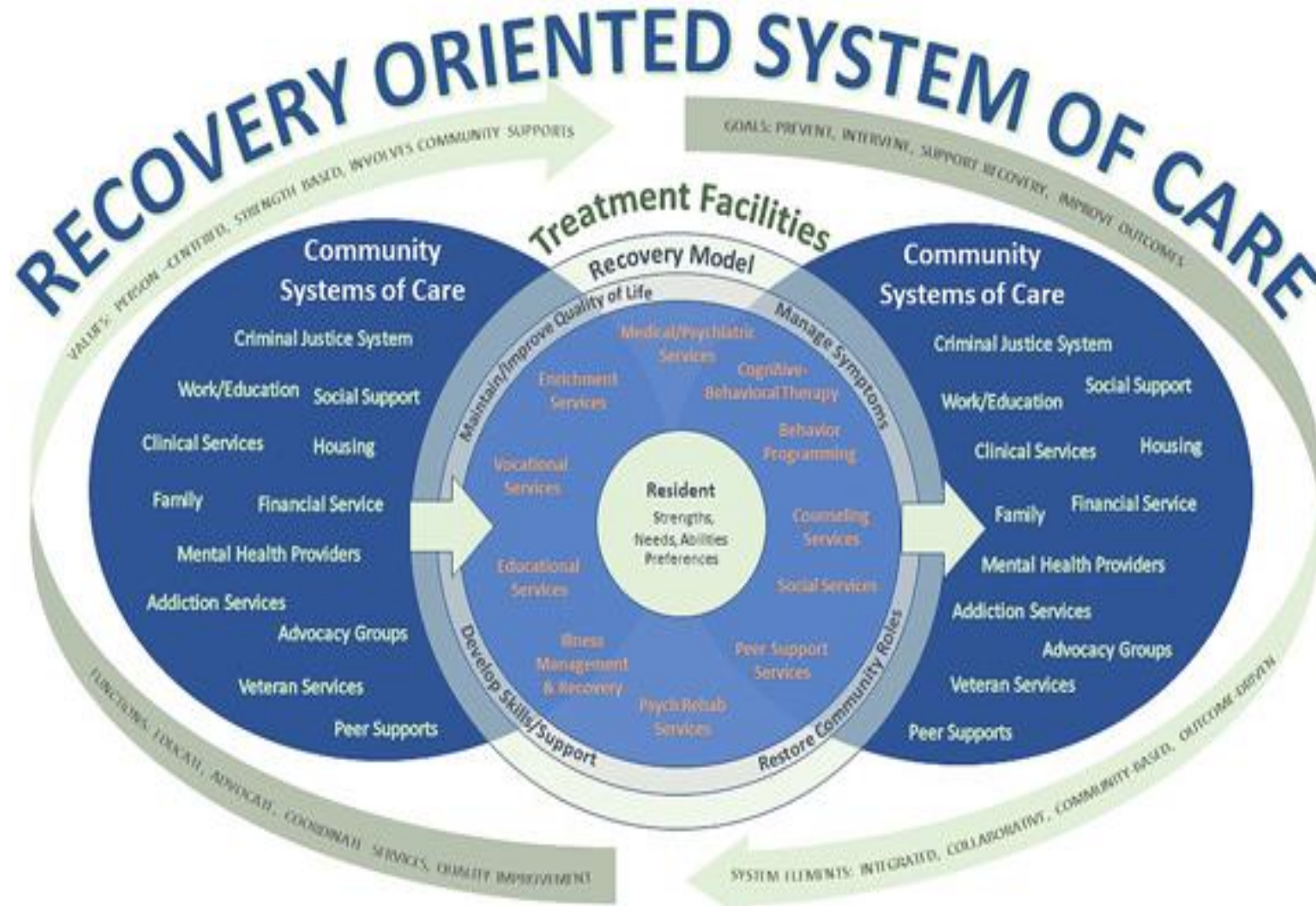
**Priority:** “Addressing substance use and behavior disorders by providing evidence-based prevention, medication-assisted treatment, and recovery support services.”

- **Goal 1:** Establishing a readily accessible, integrated and coordinated recovery-oriented system of care that meets the needs of Palm Beach County residents
- **Goal 2:** Promoting best practices and innovative strategies and programming to reduce:
  - *Alcohol and drug-related deaths and overdoses*
  - *Crime related to substance use and mental health*
  - *Drug-related infectious diseases and medical complications*
  - *Alcohol, Drug (inclusive of prescriptions) misuse*
  - *Suicide*
  - *Mental health emergencies*
- **Goal 3:** Promoting effective substance use and mental health prevention/education programs, sound public policy and commitment to quality, evidence-based addiction and mental health services





**Goal 1:** Establishing a readily accessible, integrated and coordinated recovery-oriented system of care that meets the needs of Palm Beach County residents



The Recovery Oriented System of Care meets the client “where they are” in their recovery journey, regardless of drug or mental health needs.

Palm Beach County offers, measures, and monitors recovery wellness through Recovery Capital Indexing which guides long-term recovery predictors.

## **Goal 1: Establishing a readily accessible, integrated and coordinated recovery-oriented system of care that meets the needs of Palm Beach County residents**

**When an imminent need for mental health, substance, or alcohol use care arises, Palm Beach County has many access points and partners to provide help:**

- ✓ **5 Drop In Centers** for mental health and peer support
- ✓ **Mobile Response Teams** for mental health crises through South County Mental Health Center, Inc.
- ✓ **The Hub** Recovery Community Center
- ✓ **2 Crisis Stabilization Units** through South County Mental Health Center, Inc.
- ✓ **Addiction Stabilization Unit** at JFK North
- ✓ **Health Care District** Addiction and Mental Health Programs
- ✓ **4 Baker Act Receiving Facilities**
- ✓ **PBSO Behavioral Services Unit**
- ✓ PBCFR **Mobile Integrated Health** Program
- ✓ Youth Services **Counseling** Programs
- ✓ Rebel Recovery **syringe exchange** and **harm reduction** services
- ✓ Parks & Recreation and Library **education and outreach services**
- ✓ **211** community resource

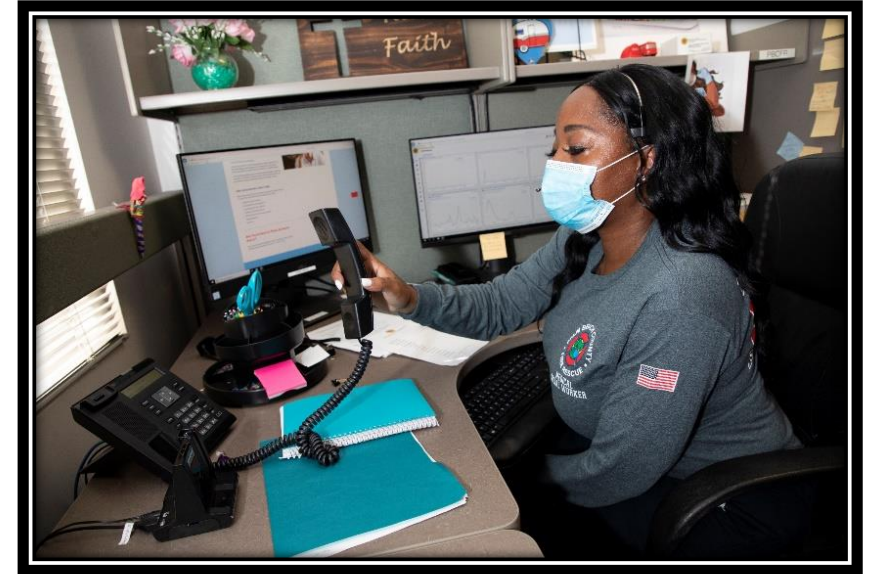


**This is only a small list of access points and partners...there are many more!**

# Goal 1: Establishing a readily accessible, integrated and coordinated recovery-oriented system of care that meets the needs of Palm Beach County residents

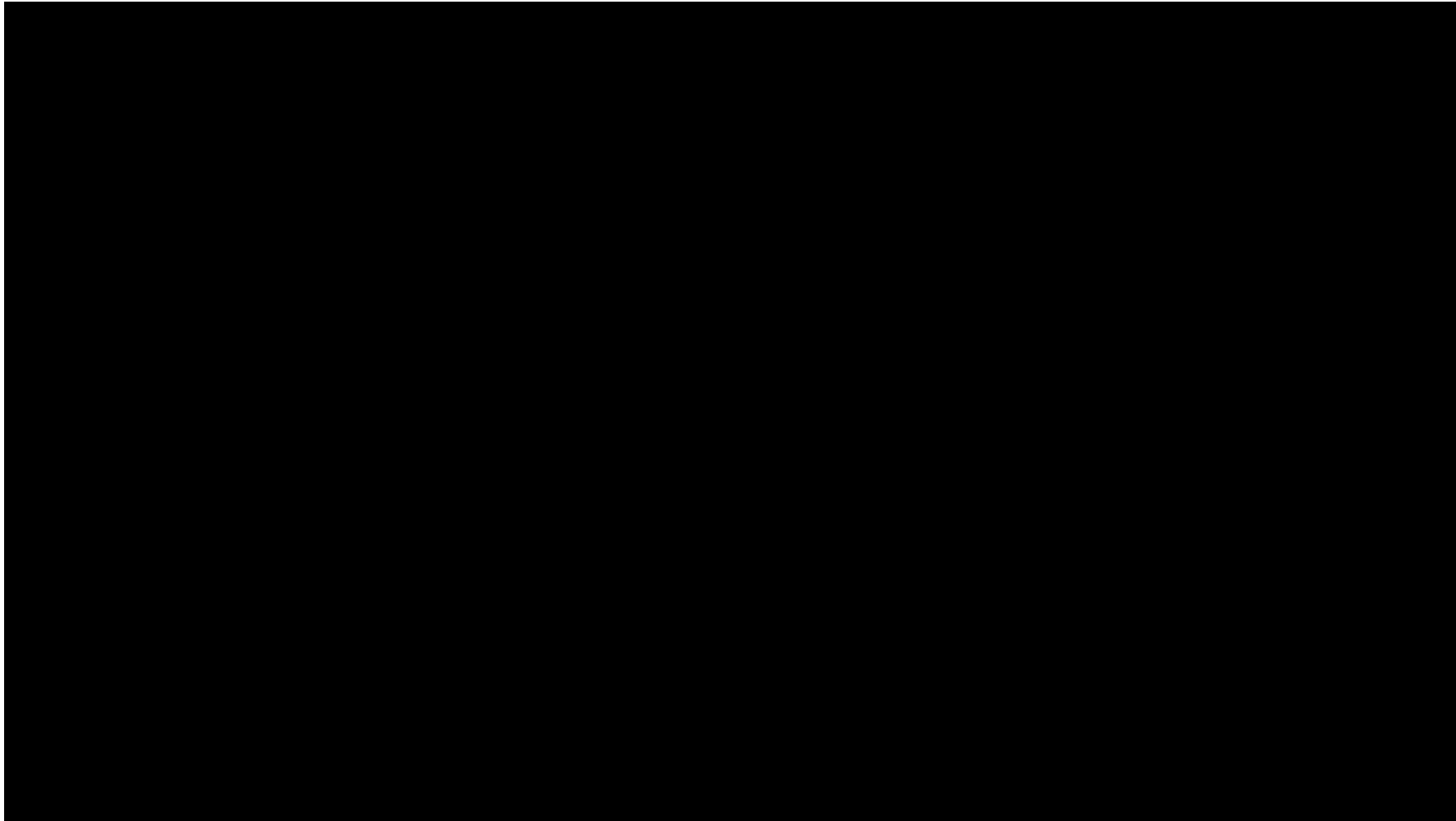
## Palm Beach County Fire Rescue Addiction Program

- Connects patients who have a substance/alcohol related 911 call to education, compassionate support, and substance specific care pathways.
- Part-Time program was elevated to Full-Time in September 2000 through award by the Palm Beach County Health Council OD2A Grant.
- Partners include Health Care District, Health Council, JFK North ASU, and Rebel Recovery.
- Personnel include specially trained community paramedics and clinical social workers
- Emergency Medical Service (EMS) is an important bridge to the community-based system of care for addiction and mental health .



**Goal 1: Establishing a readily accessible, integrated and coordinated recovery-oriented system of care that meets the needs of Palm Beach County residents**

Video  
showcasing  
PBC Fire  
Rescue's  
Mobile  
Integrated  
Health Team

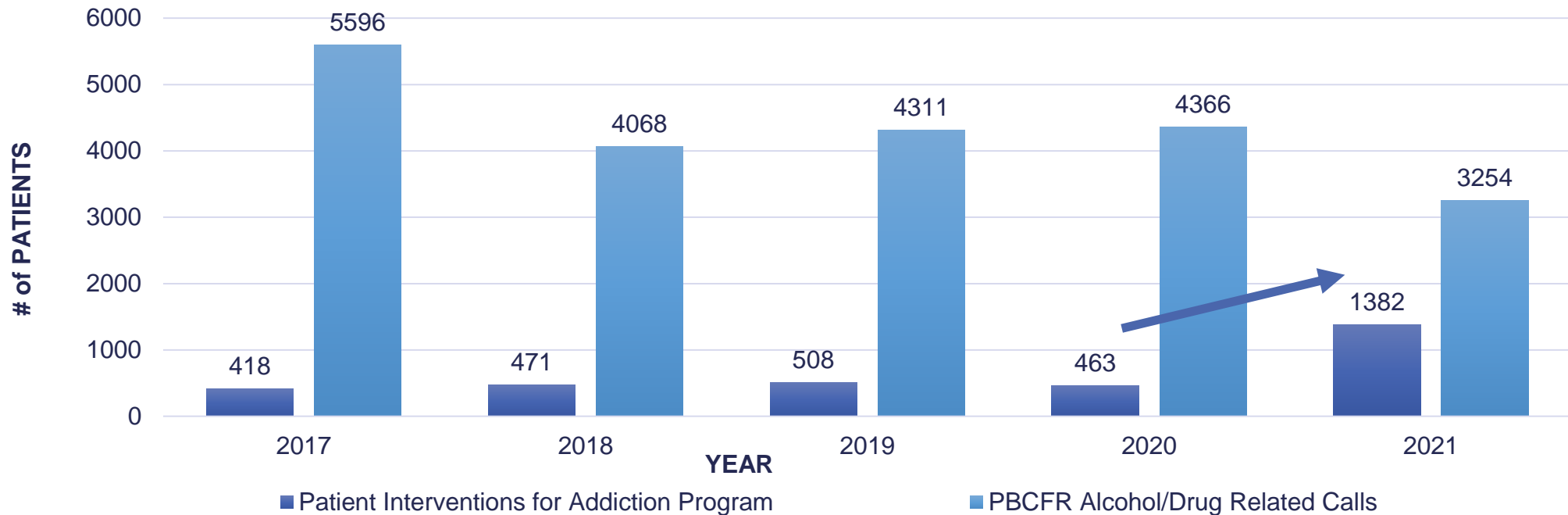


<https://youtu.be/bh8-CpR1pEY>



# Goal 1: Establishing a readily accessible, integrated and coordinated recovery-oriented system of care that meets the needs of Palm Beach County residents

## Number of Contacts through PBCFR Addiction Program to 911 Patients with Substance Related Calls



- The increase in patients served reflects the opportunity to expand the program made possible by the OD2A grant.
- Every patient is offered access to programs and services that meet their unique needs.
- The program goal is 20% of patients accepting some type of addiction intervention resource is consistently exceeded with an average of 78% of patients accepting intervention resources from PBCFR community paramedics and social workers.
- Every patient receives education and information about 211 and other community resources.



# Goal 1: Establishing a readily accessible, integrated and coordinated recovery-oriented system of care that meets the needs of Palm Beach County residents

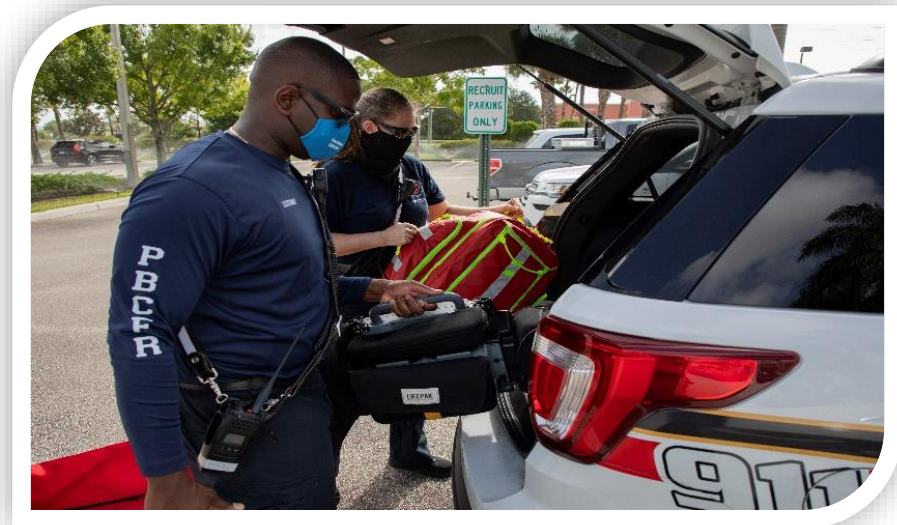
## PBC Fire Rescue & JFK North Addiction Stabilization Unit (ASU)

**Goal:** To ensure patients get to specialized emergency care for their substance/alcohol use disorder, and are able to connect to Medication Assisted Treatment if they are open to it.

**Protocol:** Allows for transport to JFK North ASU if a patient is medically appropriate and is in agreement with plan in specific stations zones with a high rate of overdose scenarios.

Other municipalities also encourage transport to ASU when medically appropriate and the patient is in agreement.

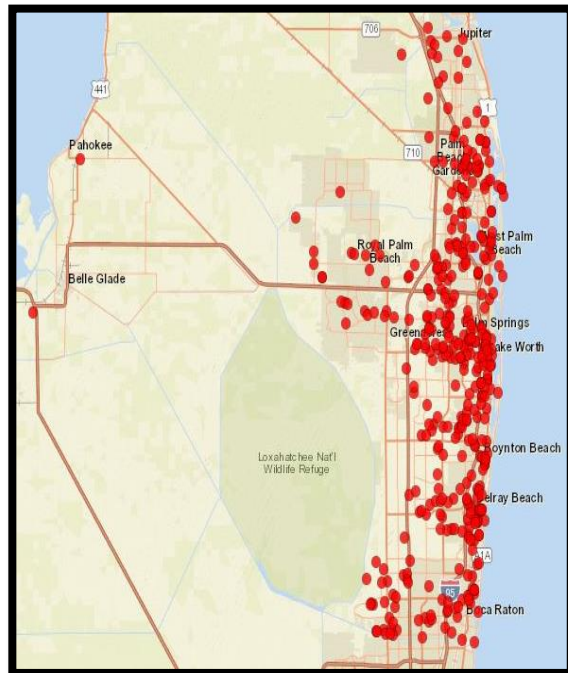
The PBCFR Mobile Integrated Health Team also follows up with these patients to ensure they are connected to the services they need after they leave the care of JFK North.



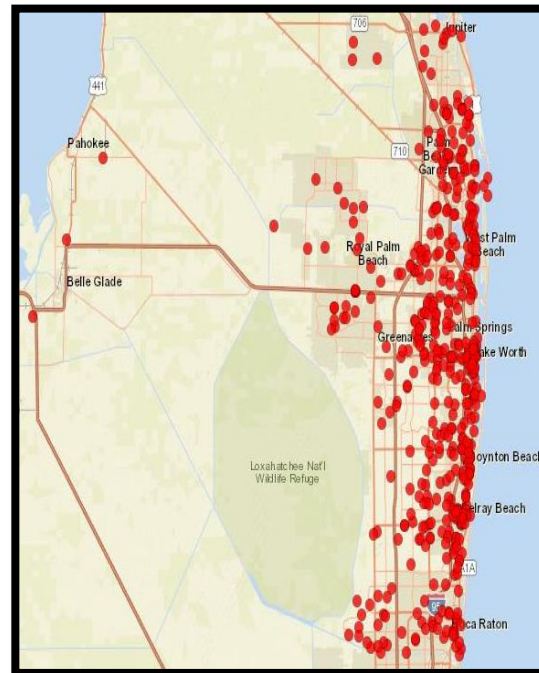
## Goal 2: Promoting best practices and innovative strategies and programming to reduce drug-related deaths & overdoses

### Overdose-related **Deaths** by Location (all substances)

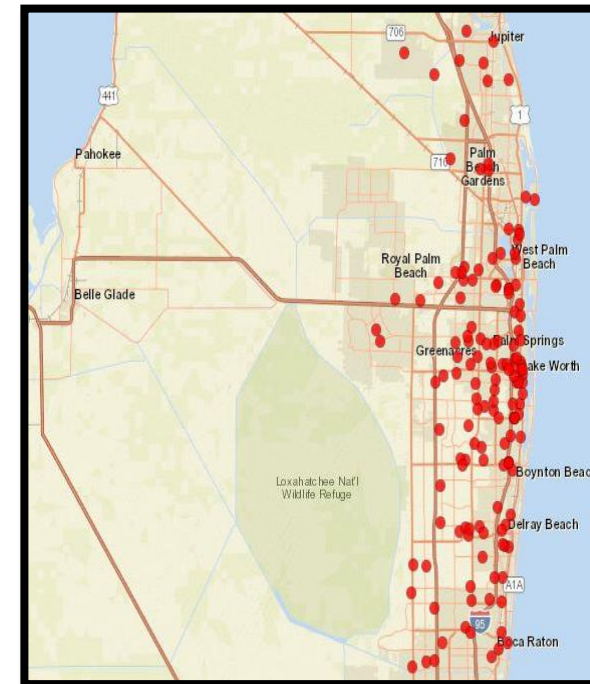
2019



2020



2021

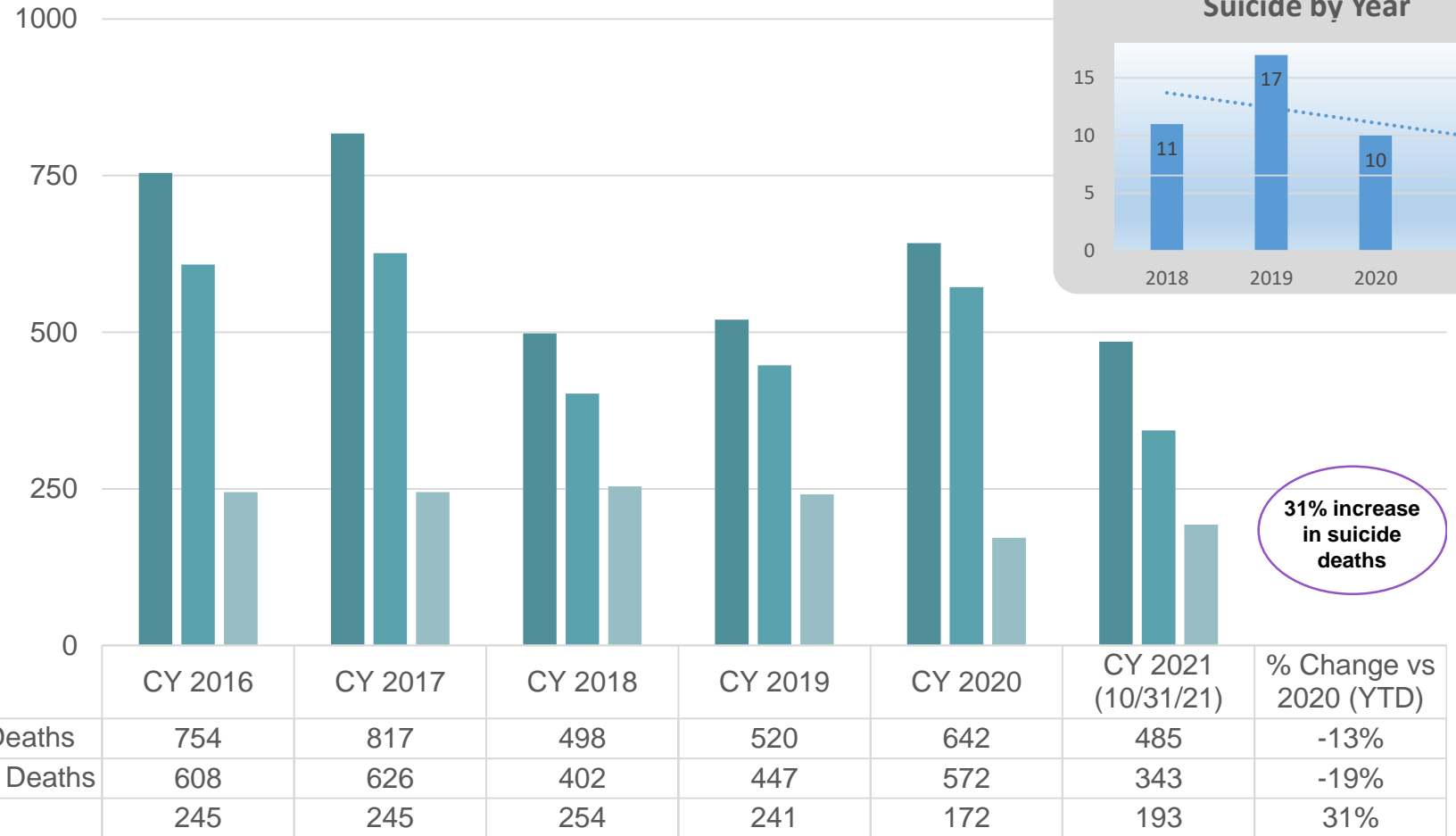


Data Source: Palm Beach County Medical Examiner's Office

# Goal 2: Promoting best practices and innovative strategies and programming to reduce drug-related deaths & overdoses

## 642 Drug-Related Deaths in CY2020

- 89% = Opiate related
- 18 % = Cocaine related
- 15% = Alcohol related
  
- 84% = White
- 8% = Black
- 6% = Hispanic
- 0.07% = Other



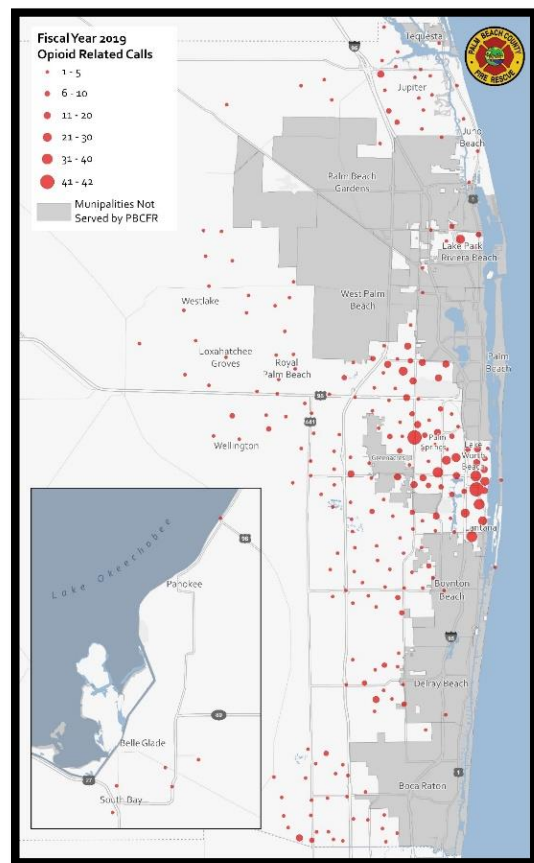
Data Source: Palm Beach County Medical Examiner's Office



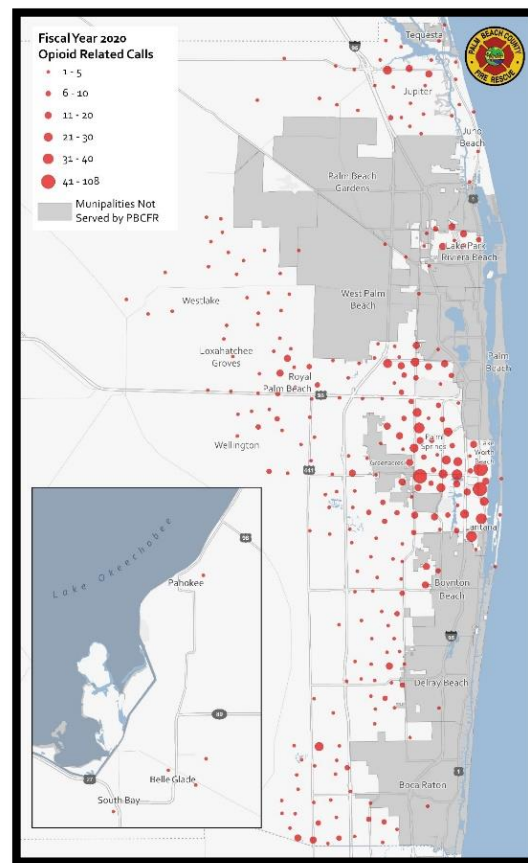
## Goal 2: Promoting best practices and innovative strategies and programming to reduce drug-related deaths & overdoses

### Opioid-related PBC FR 911 Calls by Location\*

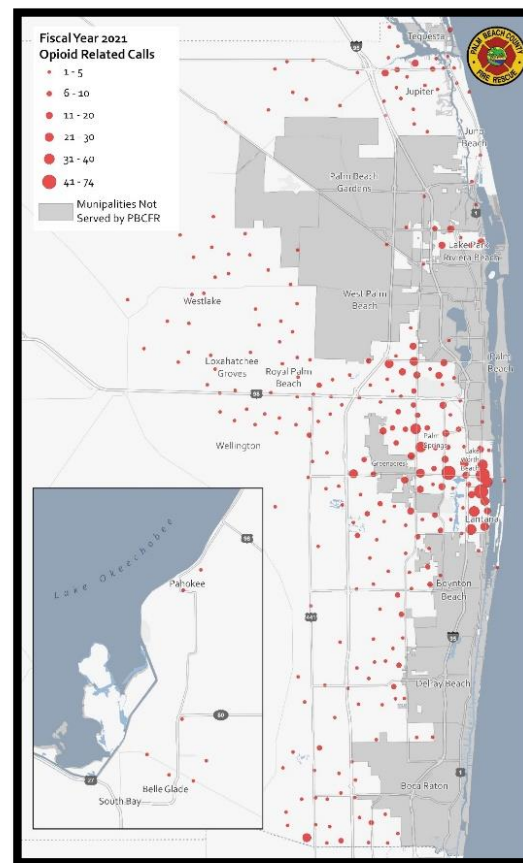
2019



2020



2021



Heat maps assist in determining where mitigating efforts and programming should be focused. This particular example illustrates the use of opioids, but these maps are used for all types of substance use disorders to assist in pinpointing intervention needs.

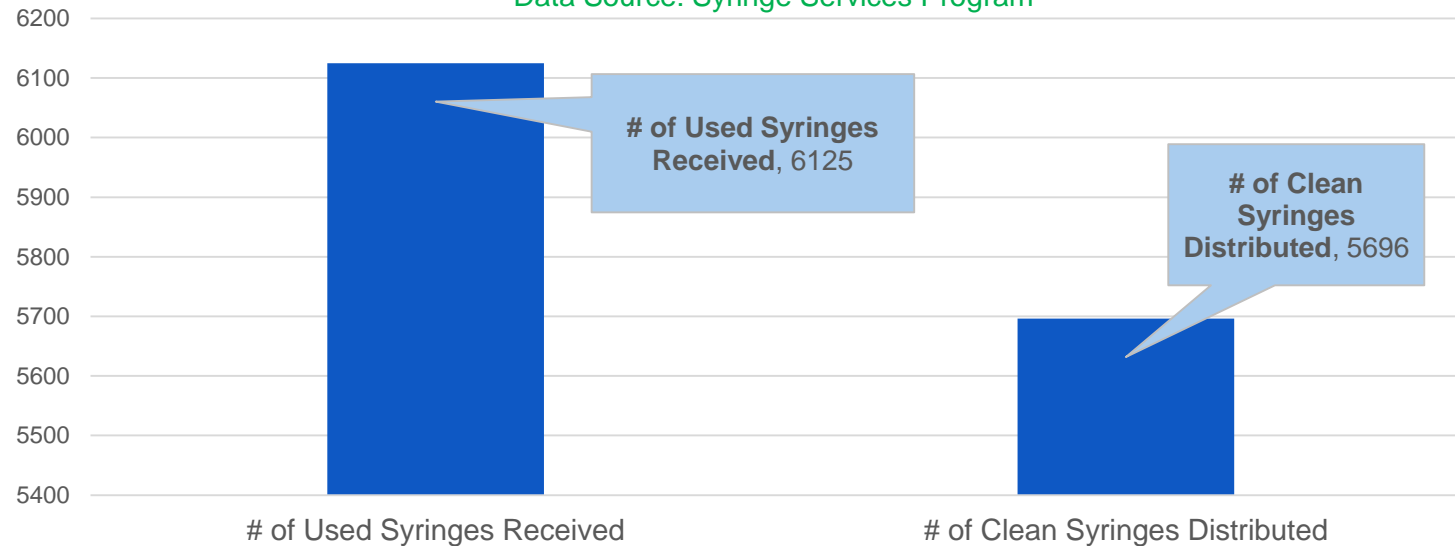
\*Data are not inclusive of individual municipal information.  
Data Source: Palm Beach County Fire Rescue



## Goal 2: Promoting best practices and innovative strategies and programming to reduce drug-related deaths & overdoses

Syringe Services Program  
N= 52 participants; April 1, 2021- June 30, 2021

Data Source: Syringe Services Program



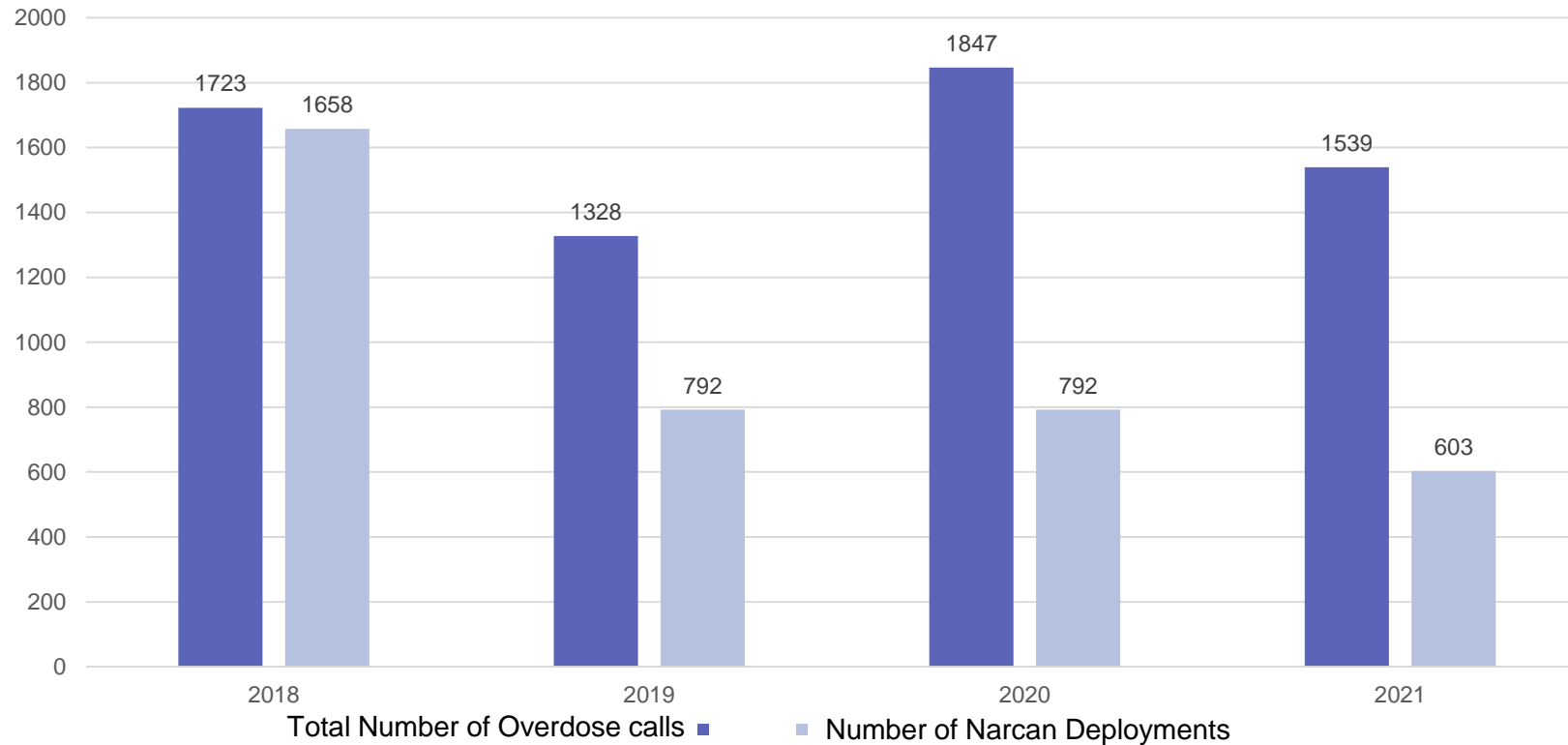
Number of clients served by the County's Ryan White Program in FY2021 = 3,721

Data Source: Ryan White Program

Rebel Recovery is a County partner that provides peer support, harm reduction services, and recovery education regardless of drug of choice. The Ryan White program promotes public health education and strives to increase the percentage of individuals living with HIV that are virally suppressed, and therefore cannot spread the virus to others.

## Goal 2: Promoting best practices and innovative strategies and programming to reduce drug-related deaths & overdoses

### Total Number of Drug Overdose Calls Versus Number of Narcan Deployments

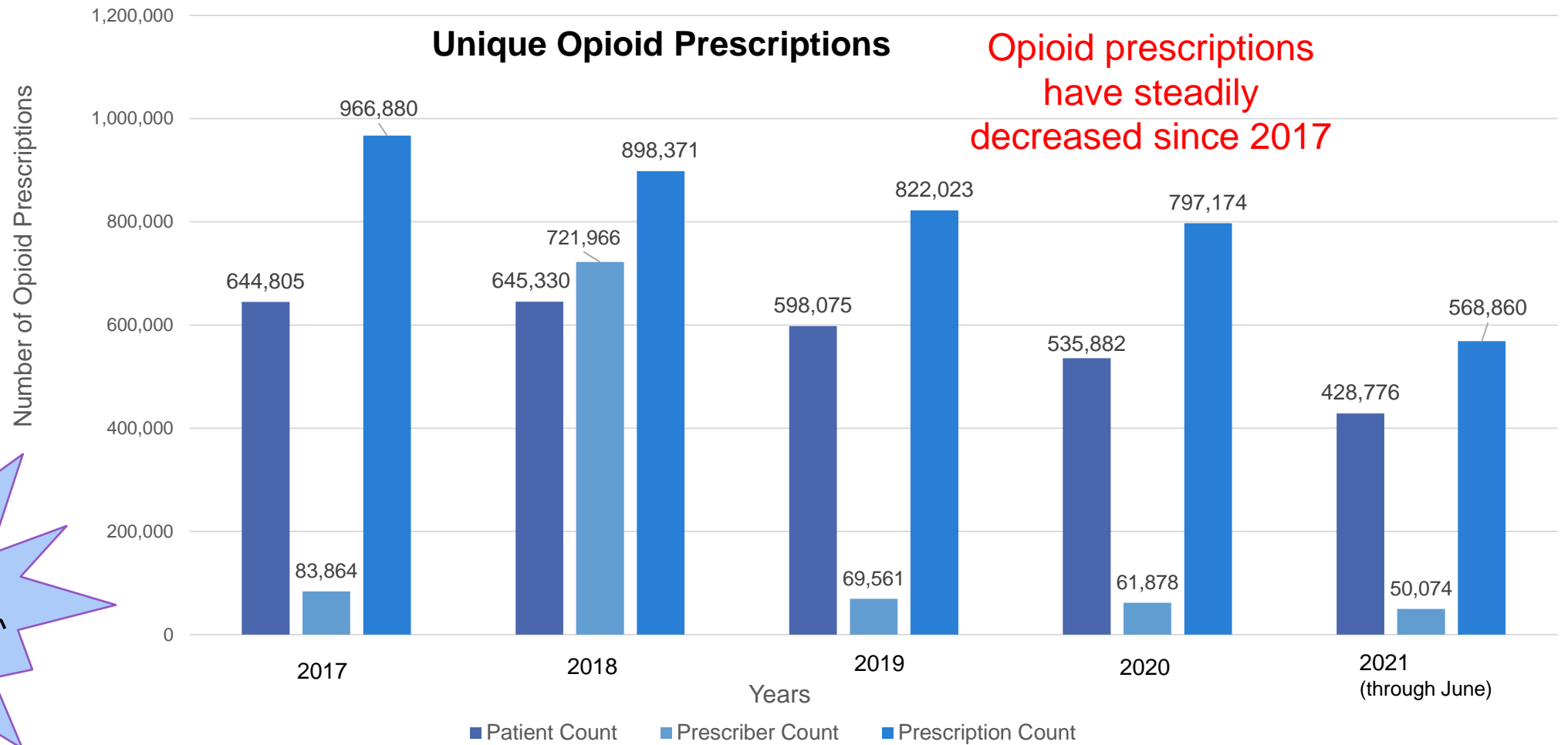


Data Source: Palm Beach County Fire Rescue

NOTE: EMS Protocols were changed in November 2018 resulting in less usage of Narcan by EMS. \* FY20 and FY19 data are coincidentally the same (not an error). In FY20, there were a total of 1116 Narcan deployments, of which 792 were solely for opioid-related overdoses.



## Goal 2: Promoting best practices and innovative strategies and programming to reduce drug-related deaths & overdoses

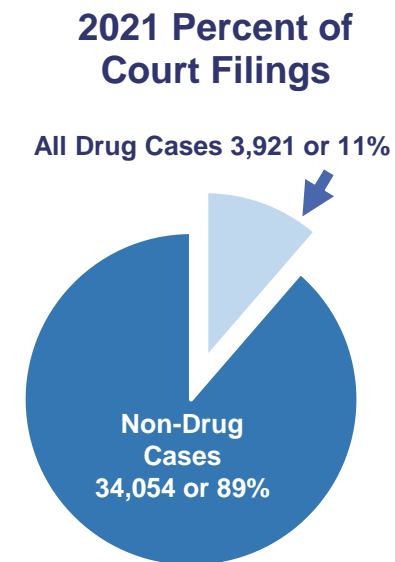
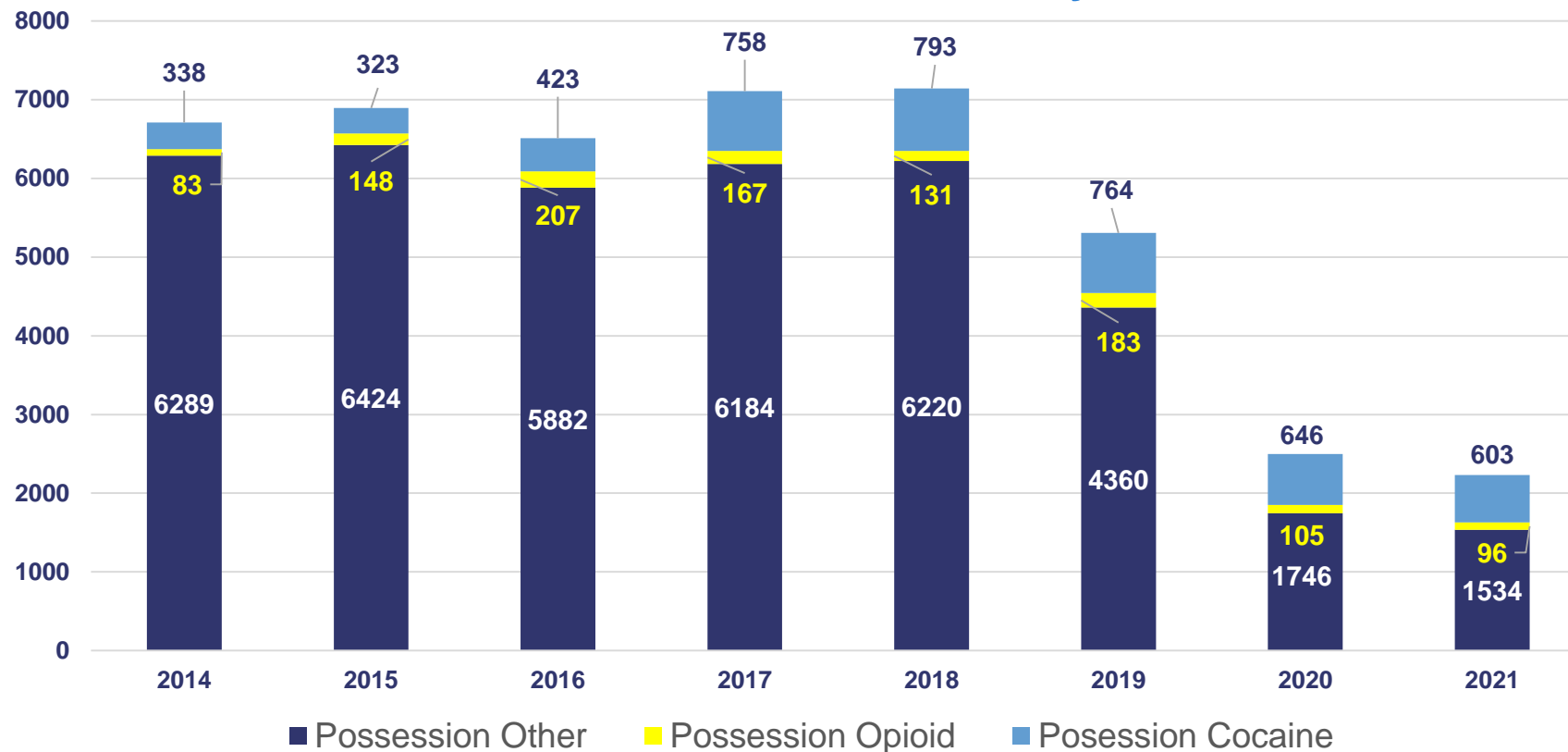


Studies show that 3 out of 4 new heroin users have reported previously abusing prescription opioids.

Data Source: Florida Department of Health, Bureau of Community Health Assessment, Division of Public Health Statistics and Performance Management (Opioid Use Dashboard – Palm Beach County). \*2021 data Jan.-June

## Goal 2: Promoting best practices and innovative strategies and programming to reduce drug-related deaths & overdoses

### Case Filing for Drug Possession by Drug Type in Palm Beach County



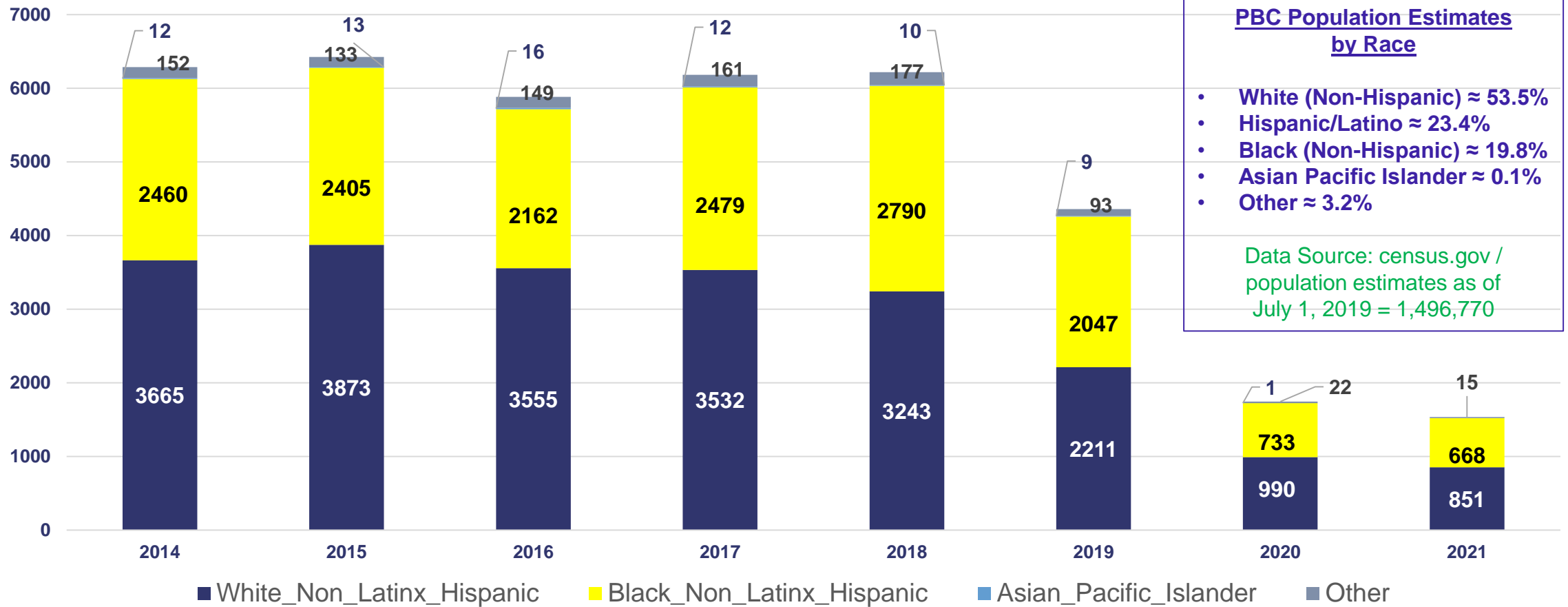
**NOTE:** All drug cases here include sales, trafficking, etc. for a total greater than just possession cases of 2,233 depicted in the adjacent chart.

**NOTE:** "Possession Other" includes marijuana, amphetamines, synthetic narcotics, hallucinogens, barbiturates, and others. Year 2021 includes January 1, 2021 to October 29, 2021. Date of Query, 29-Oct-2021, CaseView. SPSS.



## Goal 2: Promoting best practices and innovative strategies and programming to reduce drug-related deaths & overdoses

### Case Filing for “Drug Possession Other” by Race/Ethnicity



**PBC Population Estimates by Race**

- White (Non-Hispanic) ≈ 53.5%
- Hispanic/Latino ≈ 23.4%
- Black (Non-Hispanic) ≈ 19.8%
- Asian Pacific Islander ≈ 0.1%
- Other ≈ 3.2%

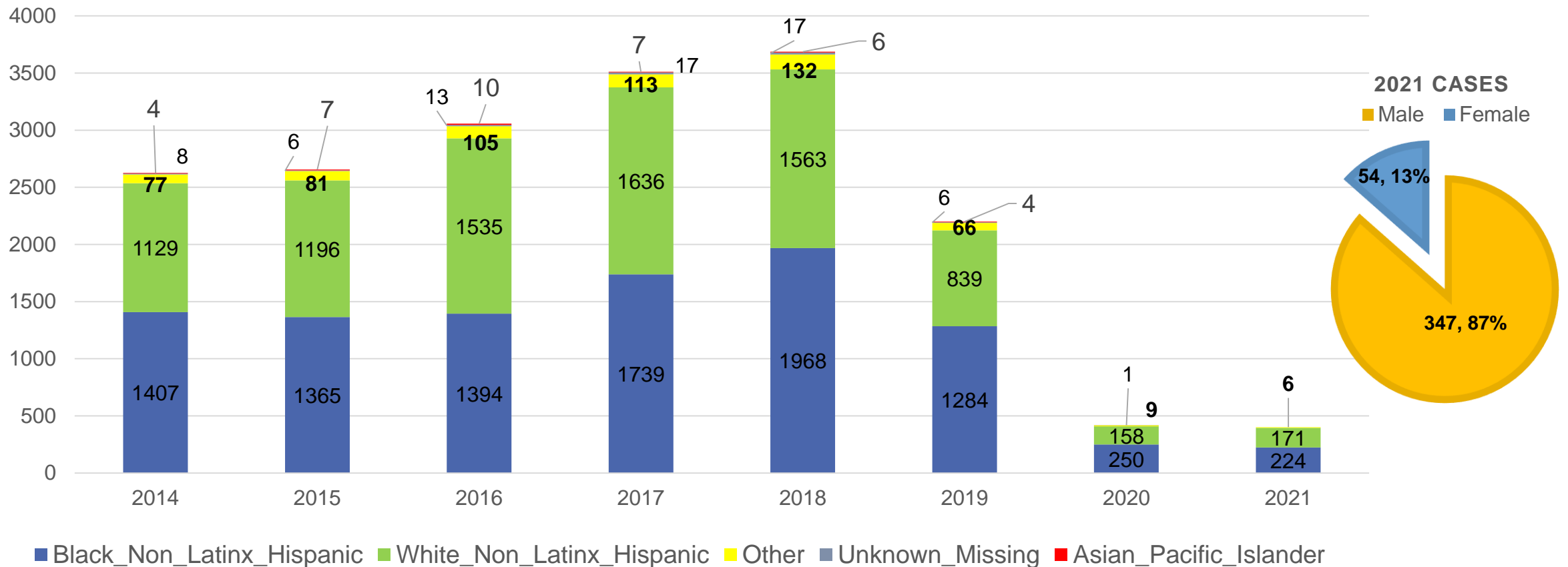
Data Source: census.gov / population estimates as of July 1, 2019 = 1,496,770

**NOTE: “Possession Other” includes marijuana, amphetamines, synthetic narcotics, hallucinogens, barbiturates, and others. Year 2021 includes January 1, 2021 to October 29, 2021. Date of Query, 29-Oct-2021, CaseView. SPSS.**

Data Source: Criminal Justice Commission

## Goal 2: Promoting best practices and innovative strategies and programming to reduce drug-related deaths & overdoses

### Case Filing for “Drug Possession Marijuana” by Race in Palm Beach County

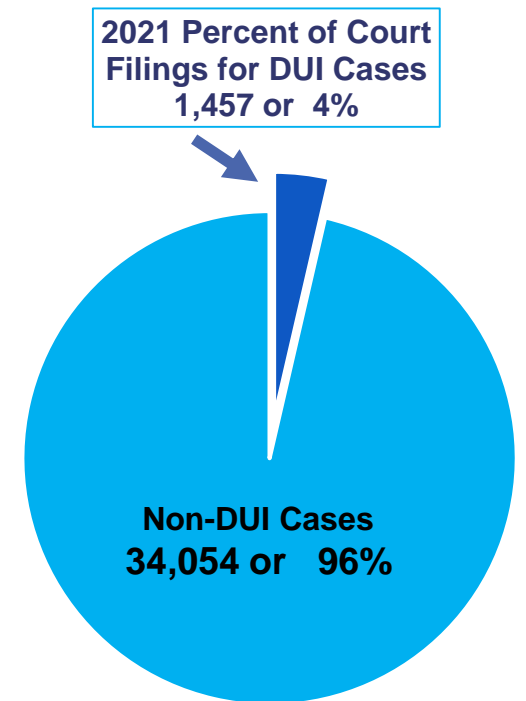
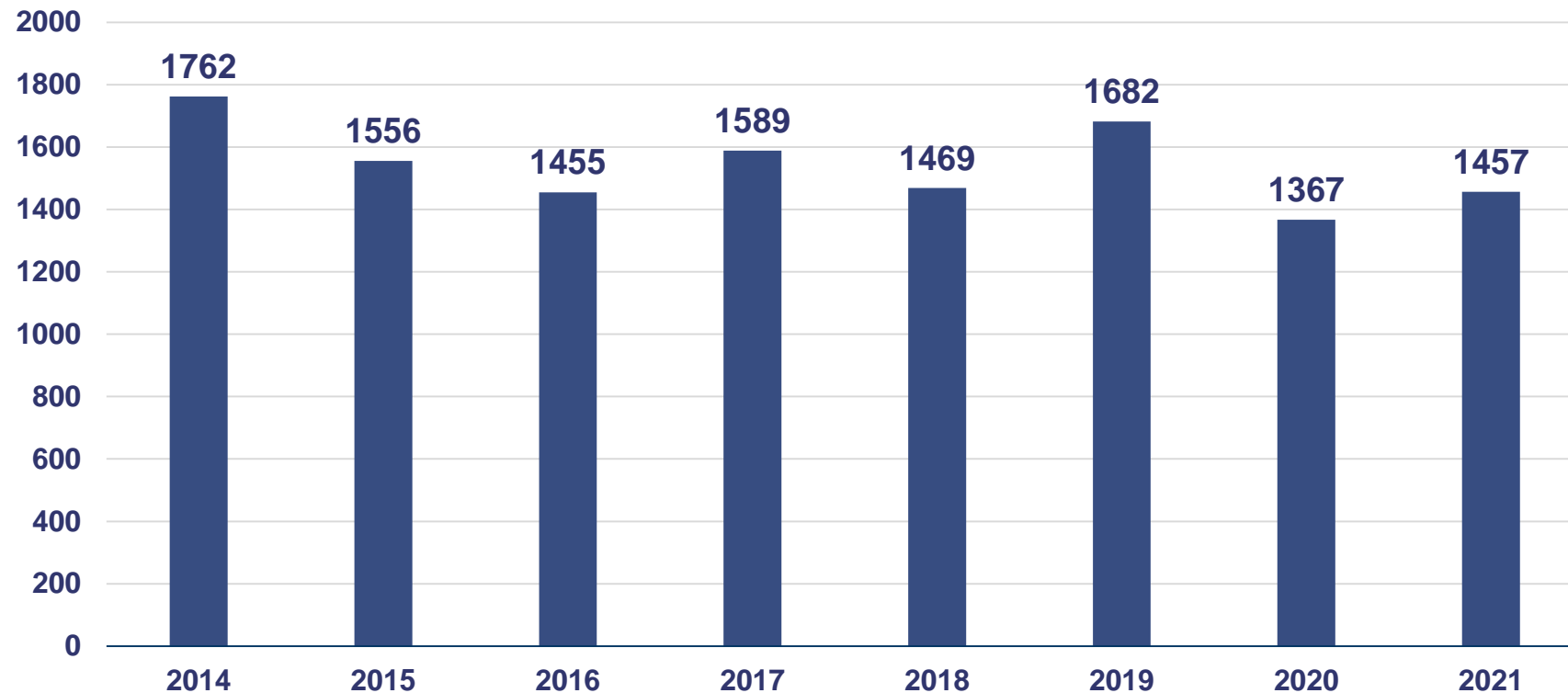


NOTE: “Possession Other” includes marijuana, amphetamines, synthetic narcotics, hallucinogens, barbiturates, and others.

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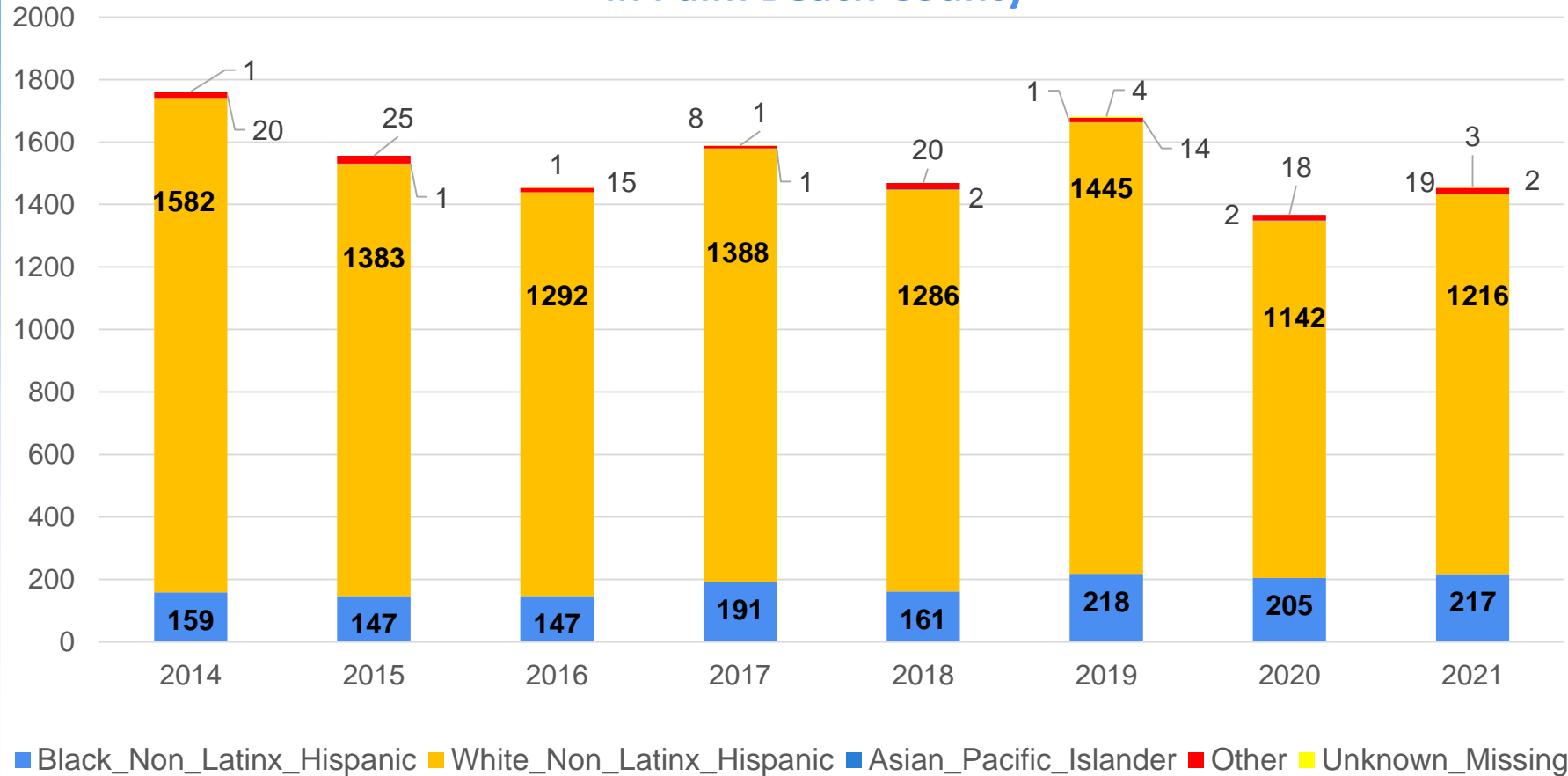
### Court Case Filings for “Driving Under the Influence” (DUI) in Palm Beach County



Note: Year 2021 includes January 1, 2021 to October 29, 2021. Date of Query, 29-OCT-2021, CaseView. SPSS.

## Goal 2: Promoting best practices and innovative strategies and programming to reduce drug-related deaths & overdoses

### Court Case Filings for “Driving Under the Influence” (DUI) by Race in Palm Beach County



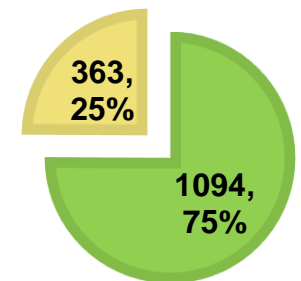
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Data Source: census.gov / population estimates as of July 1, 2019 = 1,496,770

#### 2021 DUI CASES

■ Male ■ Female

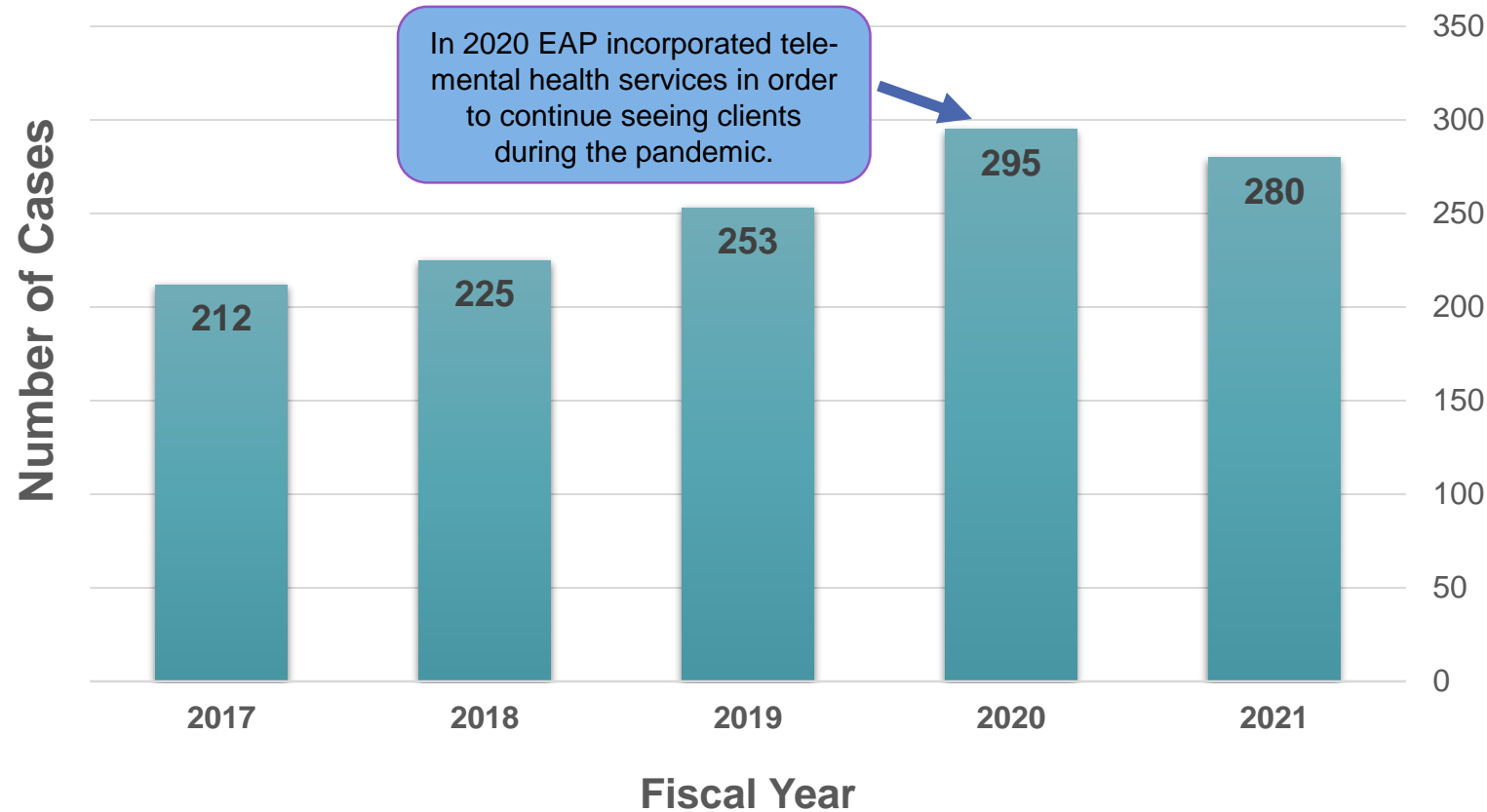


Note: Year 2021 includes January 1, 2021 to October 29, 2021. Date of Query, 29-OCT-2021, CaseView. SPSS.



**Goal 3: Promoting effective substance use and mental health prevention and education programs, sound public policy, and commitment to quality, evidence-based addiction and mental health services**

**Total Number of Employee Assistance Program Cases per Fiscal Year**



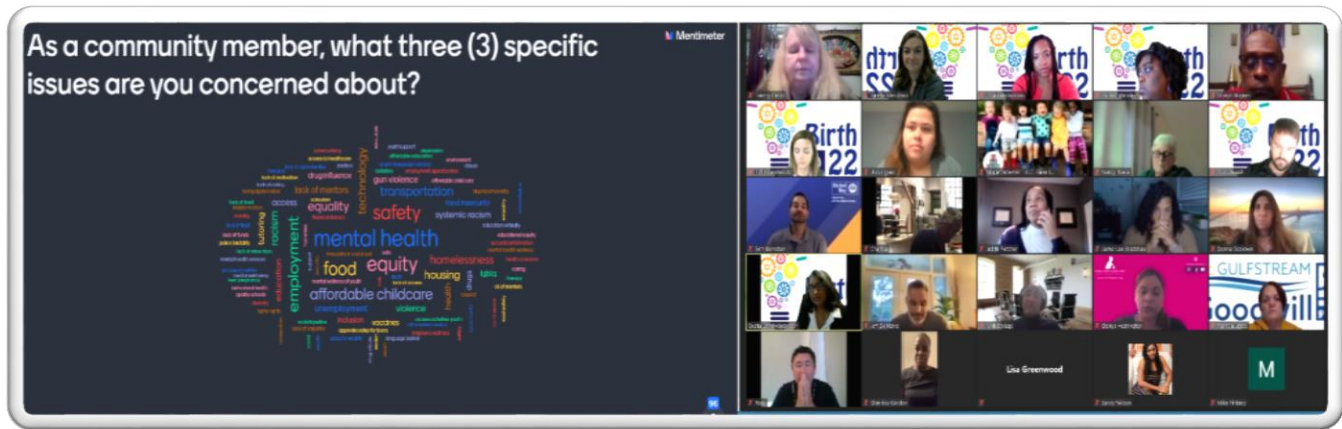
For information or confidential assistance, call:  
 Palm Beach County  
**Employee Assistance Program**  
**(561) 233-5460**



**County EAP New Opened Cases (Comparing 2019, 2020 and 2021 During same time-frame)**

- 3/2019 (Before Covid-19) to 9/30/2019: 41 new cases**
- 3/2020 (Onset of Covid-19) to 9/30/2020: 65 new cases**
- 3/2021 to 9/30/2021: 36 new cases**

### Goal 3: Promoting effective substance use and mental health prevention and education programs, sound public policy, and commitment to quality, evidence-based addiction and mental health services



The Youth Services Department explored options to make an immediate impact, and continues to consider future programming to expand services at a time when mental health providers are in high demand.

**LET'S TALK MENTAL HEALTH**

Mental health represents psychological, emotional, and social well-being.

Involves effective daily functioning in:

- Productive activities
- Healthy relationships
- Ability to adapt to change and cope with adversity

(American Psychiatric Association, APA, 2018)

**MENTAL HEALTH**

**IS...**

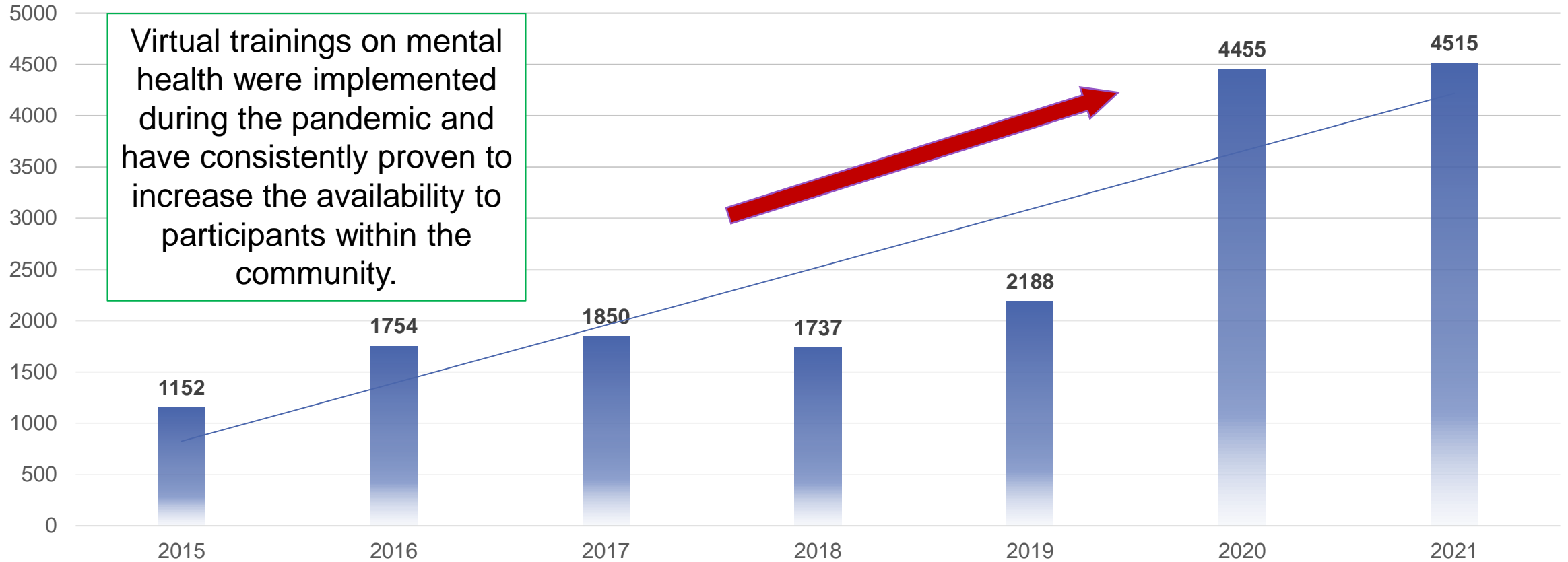
- Important
- Something everyone has
- Intrinsically linked to (it probably isn't separable from) physical health
- On a continuum
- Worth making time for
- Part of being human
- Something we need to look after
- Positive + Negative
- Changeable
- Complex
- Real

**ISN'T...**

- A sign of weakness
- Shameful
- All in your mind
- Always something negative
- Something you decide to have only when it feels broken
- An interchangeable term with mental illness
- Feeling good all the time
- Something you can snap out of
- Fixed
- Fake news

### Goal 3: Promoting effective substance use and mental health prevention and education programs, sound public policy, and commitment to quality, evidence-based addiction and mental health services

#### Number of Community Members Trained by Youth Services Department



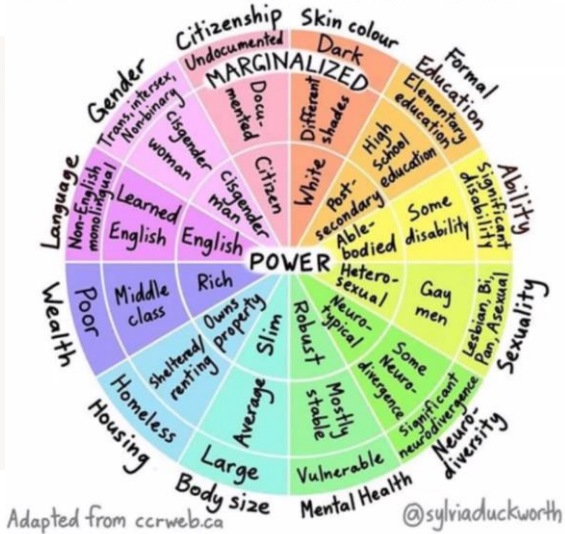
Data Source: Youth Services Department

# Goal 3: Promoting effective substance use and mental health prevention and education programs, sound public policy, and commitment to quality, evidence-based addiction and mental health services

Promoting Emotional Regulation in Children: Evidenced-Based Practices and Internet-Based Resources

Laura Cruz, Ph.D.  
Licensed Psychologist  
Licensed School Psychologist

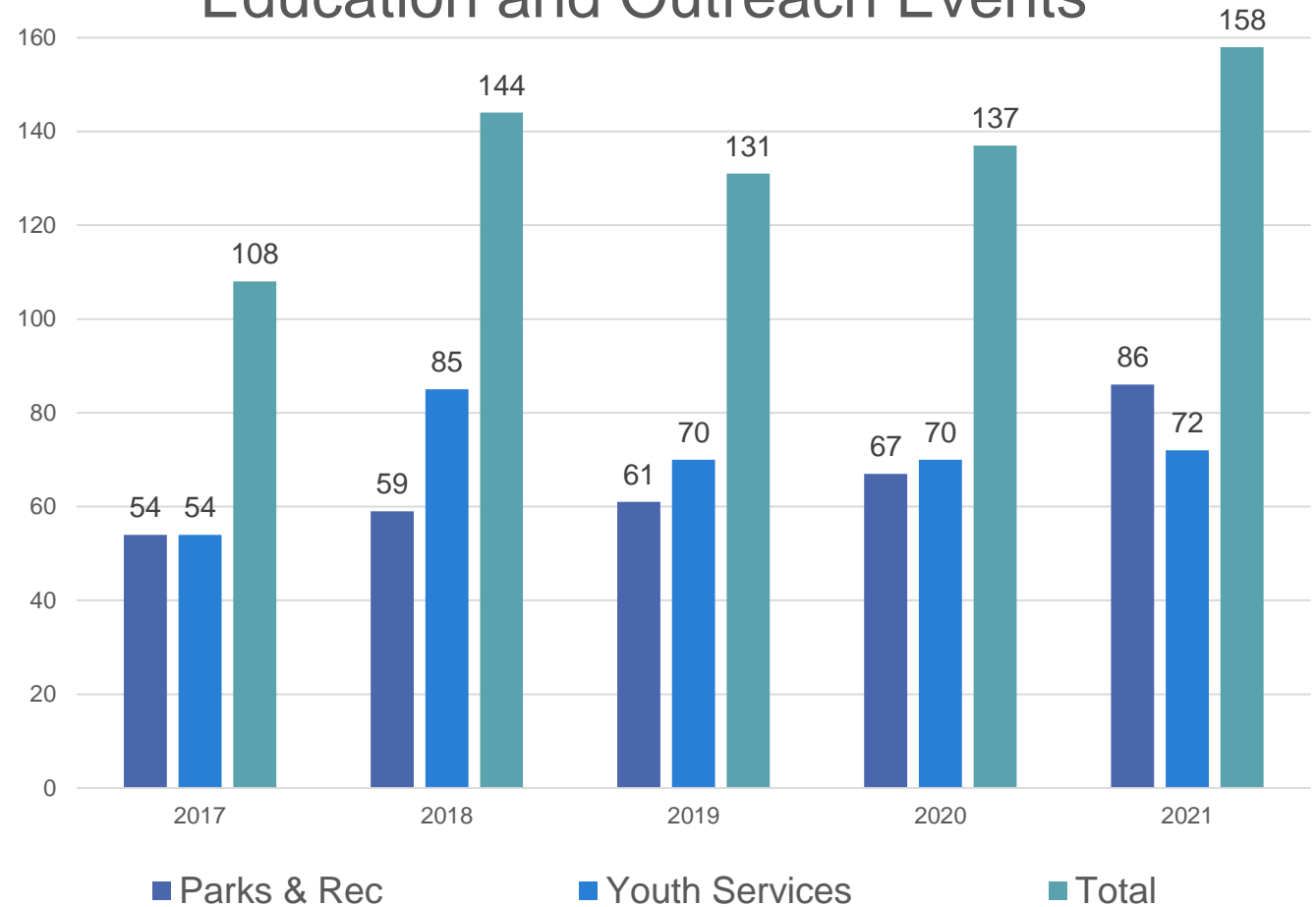
## WHEEL OF POWER/PRIVILEGE



Adapted from ccrweb.ca



## Education and Outreach Events

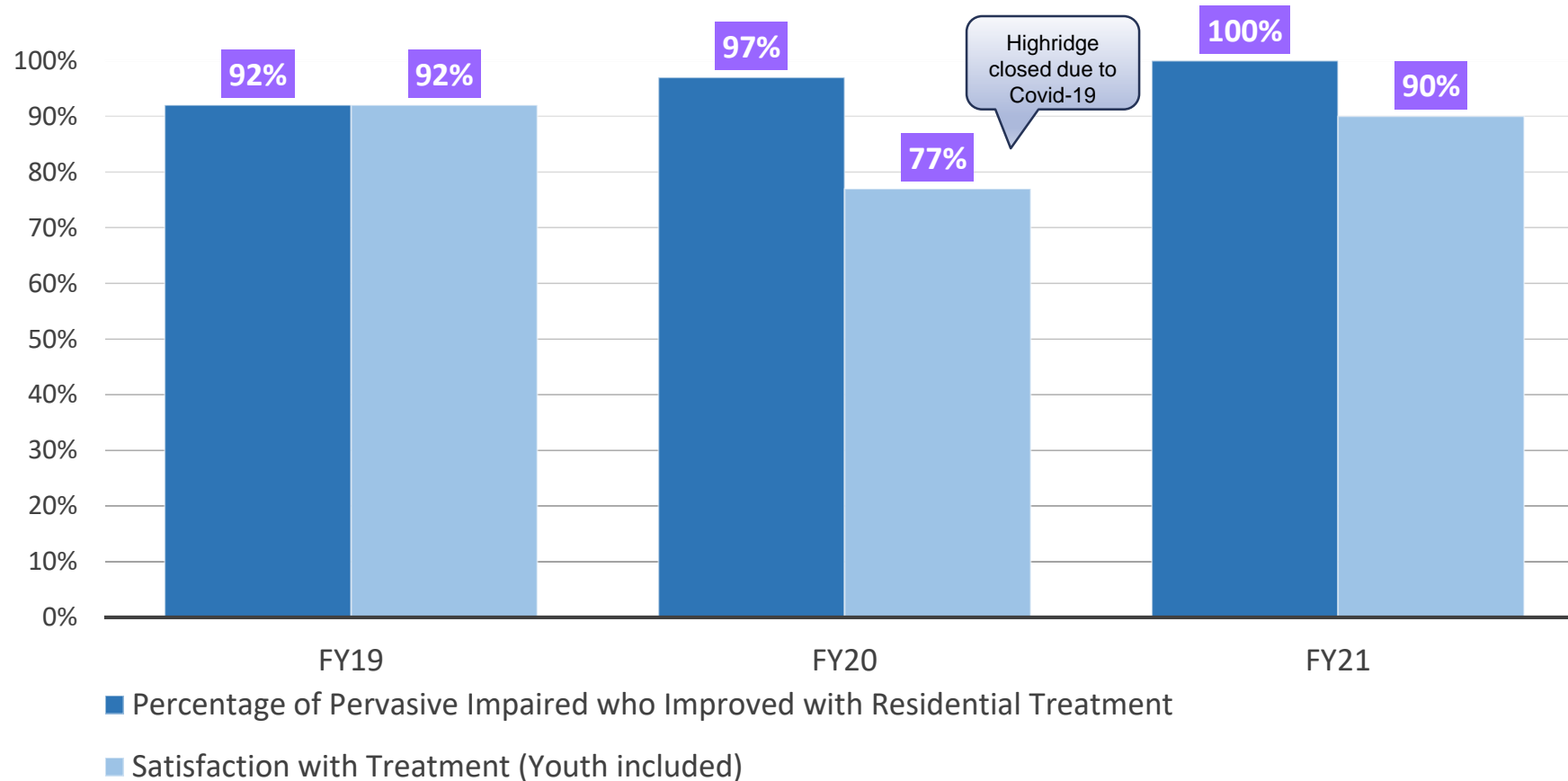


Data Sources: Youth Services Department and Parks and Recreation



### Goal 3: Promoting effective substance use and mental health prevention and education programs, sound public policy, and commitment to quality, evidence-based addiction and mental health services

#### Youth Services Department Child and Adolescent Functional Assessment Scale and Client Satisfaction Outcome Measures



Highridge closed due to Covid-19



Highridge Family Center



Data Source: Youth Services Department



# Goal 3: Promoting effective substance use and mental health prevention and education programs, sound public policy, and commitment to quality, evidence-based addiction and mental health services

## COVID Impact & Innovations in FY2021: Parks & Recreation

- **Power of Parks Podcasts** with testimonials from residents and visitors positively impacted through spending time in nature, parks or at recreational facilities
- **540 in-person and virtual recreational programs/activities.**
- **40 on demand videos**
- **37,164 YouTube views**
- **15,078 blog views**
- **2.3 million website visitors**
- **Parks Prescription Program**
- Through facilities, outdoor settings, and services provided, **Parks and Recreation supports good health for people** of all abilities, ages, socio-economic backgrounds, and ethnicities.



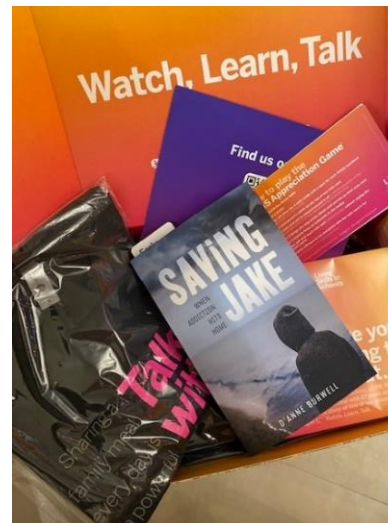
### Goal 3: Promoting effective substance use and mental health prevention and education programs, sound public policy, and commitment to quality, evidence-based addiction and mental health services

The Palm Beach County Library System partnered with agencies including: Living Skills in the Schools, Trustbridge, Bethesda Health, the Comprehensive Center for Brain Health, and other health professionals to bring **34** Virtual Events on Substance Use and Behavioral Health to residents.

#### Highlights Include:

- 211
- Sahaja Meditation
- Yoga for Addiction Recovery
- Transitioning to Adulthood  
(Living Skills in the Schools)
- Mental Illness and the Law
- Practice of Mindfulness
- The Importance of Sleep  
(Trustbridge)

Data Source: Palm Beach County Library Services



## **Goal 3: Promoting effective substance use and mental health prevention and education programs, sound public policy, and commitment to quality, evidence-based addiction and mental health services**

### **County Cooperative Extension offers a wealth of education and training services within Family and Consumer Sciences**

**Smart Parents:** An engaging and interactive 5-week parent workshop designed to help parents learn ways to create happy, healthy relationships.

**County Cooperative Extension:** partnered with the parents of BRIDGES of Lake Park to teach the Smart Parents. Topics included conflict resolution, communication, and mindfulness.

**Outcomes:** 95% (n=40) of program participants use healthy skills to increase positive interactions in their relationships as a result of attending the Smart Parents Relationship workshop.

Data Source: County Cooperative Extension



#### **Smart Couples program aims to strengthen relationships**

David and Caroline Garber had dated for three years and were set to be married in a matter of weeks. So, signing up for the University of Florida IFAS Smart Couples program would probably be just tweaking an already perfect union. "The class was called 'Before You Tie the Knot,' and we went i ...



#### **Looking for a Long and Happy Marriage? Learn From the "Experts"**

Do you know any loving older couples who seem like they know the "secrets" to a long and happy partnership? If so, maybe you've already been lucky enough to hear their advice on a lasting marriage. These conversations can be really meaningful. But what if you don't have any such role model coupl ...



#### **Strengthening Families: Support in Times of Need**

Parenting is a tremendous responsibility full of many moments of joy. But sometimes the rapid rate of a young child's growth and development can leave parents feeling a little overwhelmed. This Strengthening Families Series highlights six factors that promote positive parenting... ...



## Goal 3: Promoting effective substance use and mental health prevention and education programs, sound public policy, and commitment to quality, evidence-based addiction and mental health services

### Amendment to Unified Land Development Code to Address Recovery Residences



#### Highlights of Amendment:

- Requires facilities in unincorporated Palm Beach County to have approved State license, Florida Association of Recovery Residences (FARR) Certification or Charter (i.e., Oxford House).
- Allows for short and long term community-based living, in a substance-free family-like arrangement that is mutually supportive.
- Ensures those seeking assistance with substance use disorders will have access to properly licensed facilities.
- The **Planning, Zoning, and Building Department**, in connection with the Sober Home Task Force, ensures that communities have a voice in housing options.
- Additionally, **Office of Community Revitalization** looks into programs that further assist communities to become safer, serve as a liaison within communities to provide resources by PBC and partnering agencies, and become the “eyes and ears” of residents’ needs.



## 2020-2021 Accomplishments At A Glance



- Developed Index to Resources for PBC Directory on Substance Use and Mental Health Services
  - This information will be created into a link and shared on multiple County Department websites
- Cross-CDT Meetings with Homelessness and Housing Team
  - Coordinated with Health Care District to use their mobile units to provide SU/BH services to clients at our 3 shelters
- Updated 2017 Opioid Response Plan to include Behavioral Health and all substances
  - *Now: Behavioral Health and Substance Use Disorders Strategic Plan)*
- Completed NOFO Process for 2022 FAA Funding
- Opioid Steering Committee
  - Nominations and Election of Executive Committee and New Steering Committee Members
- Facing the Crisis Community Forum and day of Training on Recovery Capital Index®
- Launched Syringe Exchange Program
- Leadership Institute in collaboration with Hanley Foundation
- Partnership with Health Care District
  - PBC Fire Rescue, Addiction Stabilization Unit and Lewis Center
- Federal CDC Grant, Opioid Data to Action (OD2A)
  - Collaboration between Medical Examiner's Office and Health Department for direct portal access to data
- Increased prevention and community education on substance use and mental health – (CJC, CSD, Coop. Extension, Library, P&R, PBCFR, YSD)
- Pivoted to Enhance Services to Address COVID-19 – (all departments)



# Substance Use and Behavior Disorders CDT is Diving in to 2022 Together!

- ✓ **Address disparities within the criminal justice system and the system of care related to individuals who have substance, alcohol, and/or mental health disorder.**
- ✓ **Increase efforts related to suicide education, prevention, and intervention.**
- ✓ **Continue to expand access points to mental health, substance and alcohol use care for adults and youth.**
- ✓ **Promote trauma informed care methodologies for all levels of care.**
- ✓ **Continue to expand peer support services across all levels of recovery.**
- ✓ **Continue to educate on the importance of coping strategies for individuals and families.**
- ✓ **Facilitate continued interdepartmental collaboration and community partnerships to drive innovative and accessible programming.**



# Questions and Answers



Thank  
You

In the spirit of Cross-Departmental Collaborations, our Library Mascot, Dewey, and our Parks and Recreation Mascot, Oakly, will now take any questions you may have!



**PALM BEACH COUNTY**  
*Discover the Palm Beaches...  
the Best of Everything*

## **Supplemental Materials**

**For**

**Substance Use and Behavior Disorders  
Cross-Departmental Team  
November 23, 2021**

# Primary Sources of the County Budget Allocated to Substance Use and Behavior Disorders through Department of Community Services

- **FY21:**

- Substance Use and Mental Health Provider
  - Financially Assisted Agencies = \$5,806,516.00
- \*\*Opioid Response Plan = \$2,623,516.00
- **TOTAL = \$8,430,032.00**

- **FY22:**

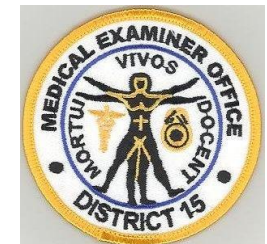
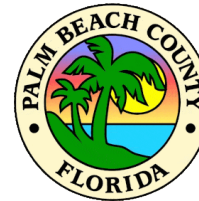
- Substance Use and Mental Health Provider
  - Financially Assisted Agencies = \$6,241,692.00
- \*\*Opioid Response Plan = \$2,626,488.00
- **TOTAL = \$8,868,180.00**

- **In comparison, the Palm Beach County School District was able to fund approximately \$29.5M and the Southeast Florida Behavioral Health Network (SEFBHN) was able to fund approximately \$28M for substance use and behavioral health needs in Palm Beach County last year.**

**\*\* The Opioid Response Plan now encompasses other substances along with opioids.**

**County FAA Funding for Behavioral Health**

**FY20 \$5,732,391**  
**FY21 \$5,806,516**  
**FY22 \$6,241,692**

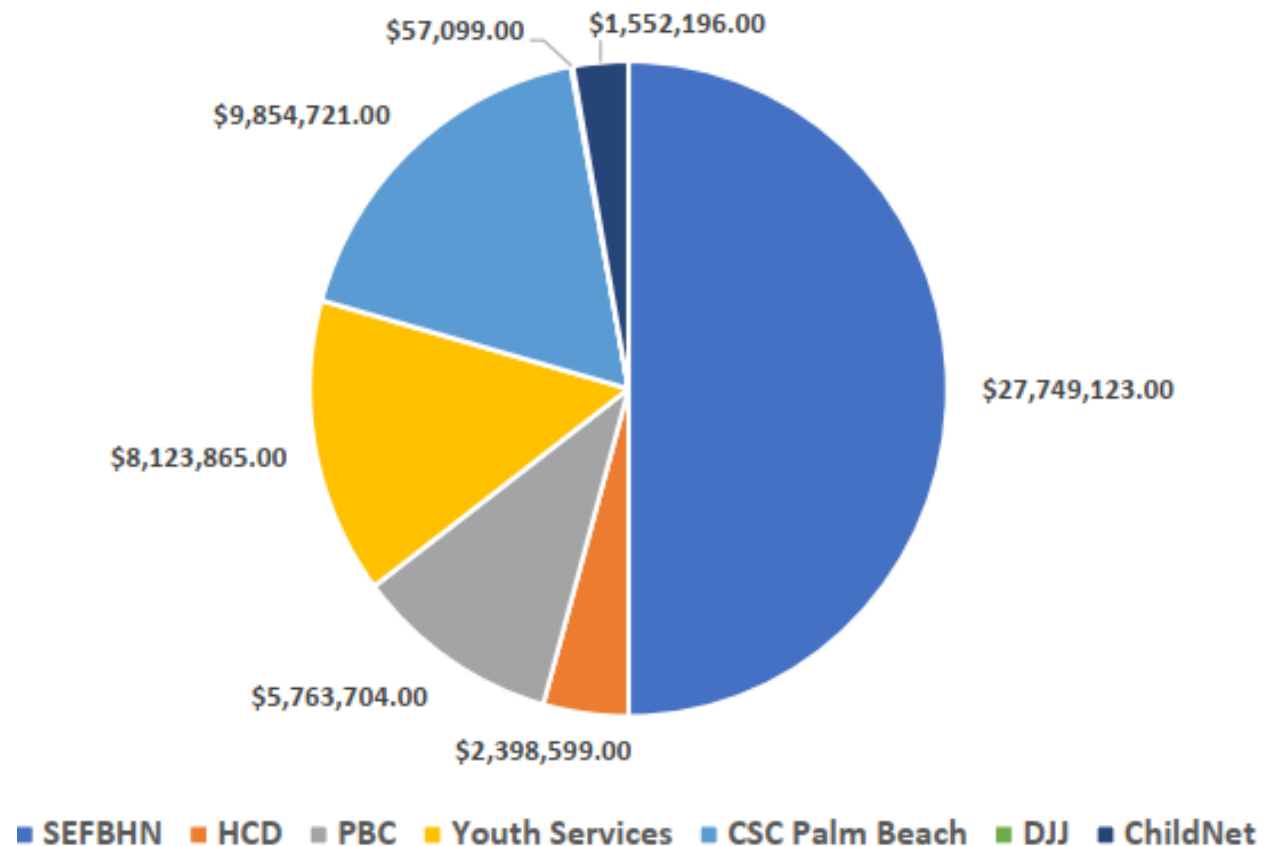




## Sources of Funding Allocated to Substance Use and Behavior Disorders through Partnering Funders Information from Palm Beach County Behavioral Health Needs Assessment 2019

Palm Beach County ad-valorem funds are a small part of the bigger system of care involved with mental health and substance use treatment. Note that funding for the Palm Beach County School District, the Florida Department of Health in Palm Beach County, and BeWellPBC are not included in the comparative analysis as they are newly funded projects. The Palm Beach County School District received \$29.5 million in state funding due to the Marjory Stoneman Douglas High School tragedy and has been hiring professionals to address behavioral health needs in the schools. The Department of Health received \$4.1 million in prevention funding from the Centers of Disease Control to provide surveillance, epidemiology, and prevention through education to address the opioid crisis. BeWellPBC received \$300,000 for grassroots and community organizing for behavioral health education and awareness from various funding entities. The following chart represents behavioral health funding without the Palm Beach County School District, the Florida Department of Health in Palm Beach County, and BeWellPBC.

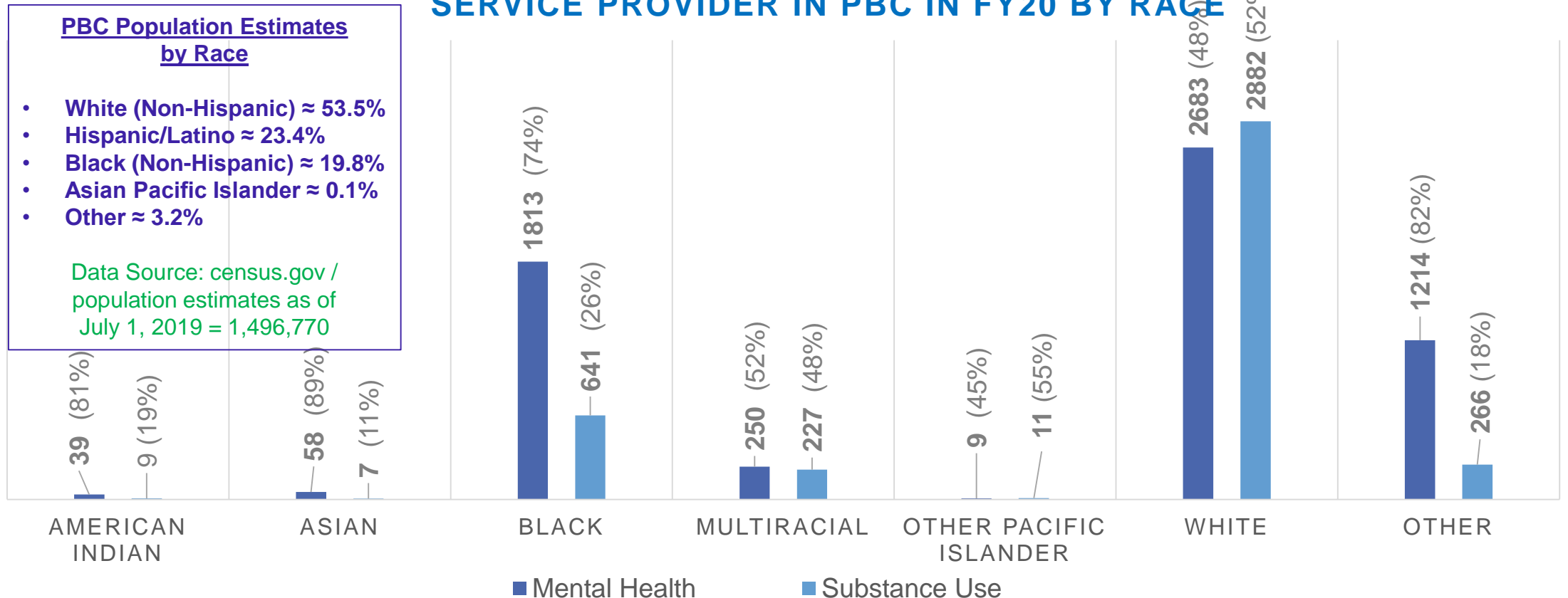
**Palm Beach Behavioral Health Funding by Funder**  
(does not include PBCSD, DOH, or BeWellPBC)





# Goal 1: Establishing a readily accessible, integrated and coordinated recovery-oriented system of care that meets the needs of Palm Beach County residents

## NUMBER OF ADULT CLIENT ADMISSIONS TO A SEFBHN MENTAL HEALTH SERVICE PROVIDER IN PBC IN FY20 BY RACE



This graph helps us identify how many adults in Palm Beach County were admitted to a mental health and substance use provider, and is broken down by race. This data is from Southeast Florida Behavioral Health Network (SEFBHN) and **does not provide the whole picture of individuals accessing other services through the private sector or Health Care District** as well. These participants are **either under-insured or un-insured to qualify for services within SEFBHN**. This is a small snapshot that **there could be** possible disparity in service availability, which this team is seeking to look more deeply into next year.

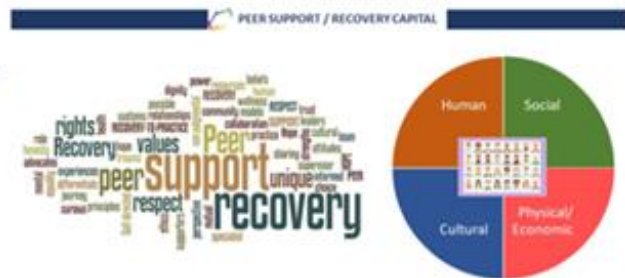
# Goal 1: Establishing a readily accessible, integrated and coordinated recovery-oriented system of care that meets the needs of Palm Beach County residents



Neutral Care Coordination is a single-point of contact entity; incorporating achieves optimal outcomes, moves clients cost-effectively along a continuum of care, and emphasizes wellness, recovery, and self-sufficiency as the primary goals best practice measures, considers the needs and strengths of the clients.

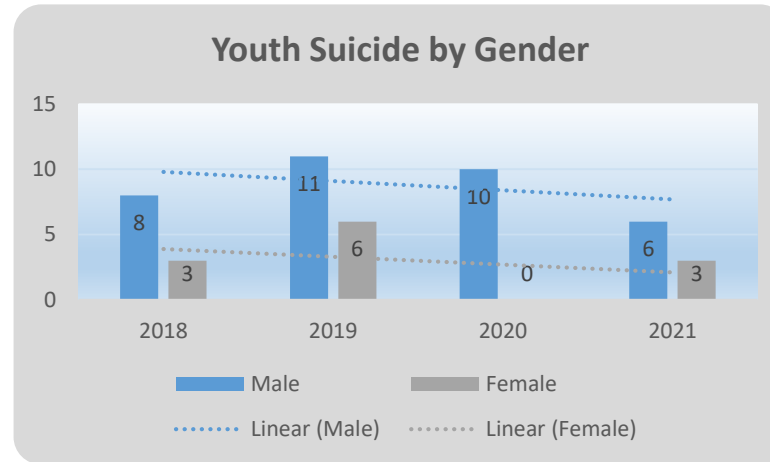
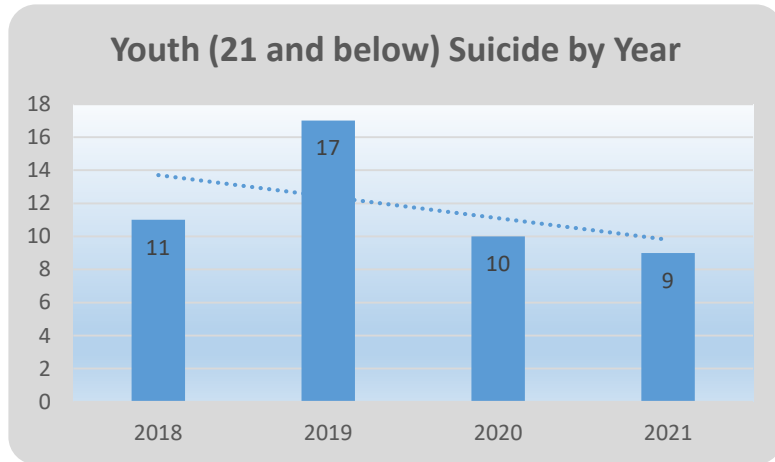


Care Provider Network is comprised of a network of coordinated community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to achieve improved health, wellness, and quality of life for those with or at risk of alcohol and drug problems.

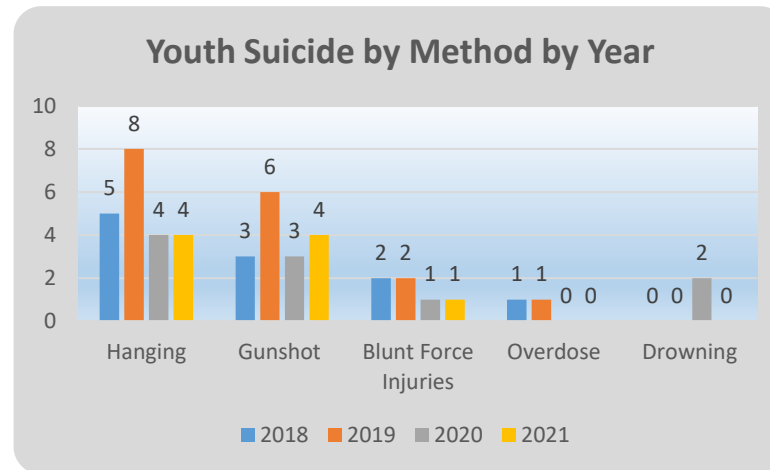
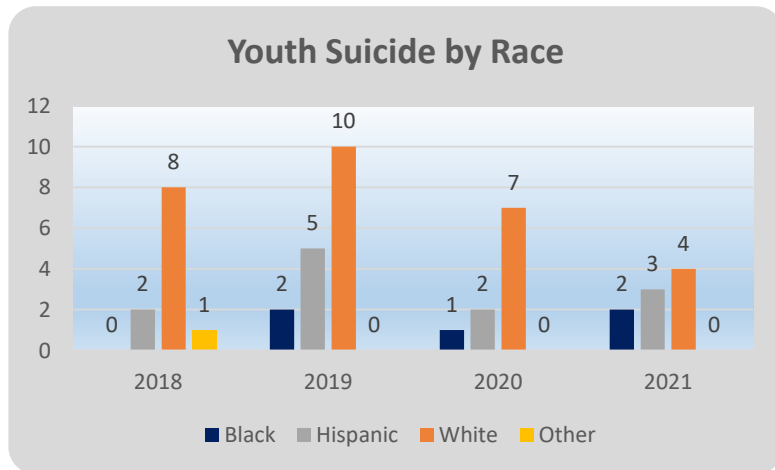


Peer support services are delivered by individuals with lived experiences who have a unique capacity to help effected individuals based on this experience. Recovery Capital Indexing and other recovery supports have been integrated into the system of care. RCI measures the efficacy of both peer support interventions and long-term recovery outcomes.

## Goal 2: Promoting best practices and innovative strategies and programming to reduce drug-related deaths & overdoses



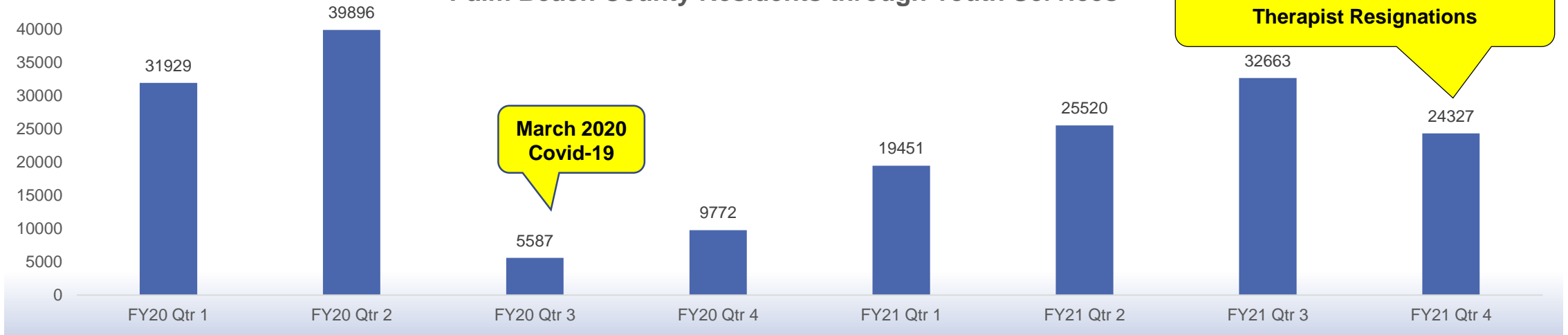
The Medical Examiner's office and Youth Services Department worked collaboratively to take a closer look at youth suicide in Palm Beach County from years 2018-2021. Of initial interest was the relatively positive news that suicide seems to be trending downward.



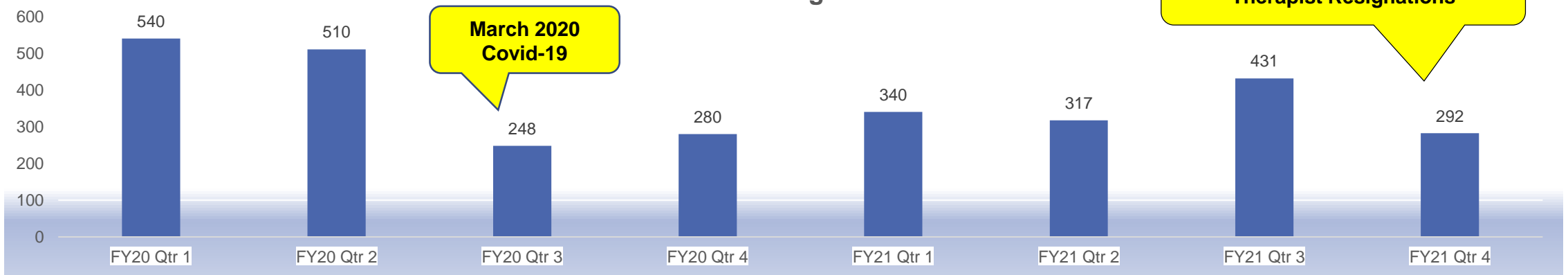
The graphs highlight the difference in gender, race, and method. We hope to use this data to formulate a case study to explore how we can increase access to services with the goal of intervening before a person dies by suicide.

**Goal 3: Promoting effective substance use and mental health prevention and education programs, sound public policy, and commitment to quality, evidence-based addiction and mental health services**

**Client Care Hours Provided to Palm Beach County Residents through Youth Services**



**Palm Beach County Families Served through Youth Services**



# Goal 3: Promoting effective substance use and mental health prevention and education programs, sound public policy, and commitment to quality, evidence-based addiction and mental health services

## YSD in collaboration with EAP

Together, the departments presented a series of **Lunch and Learns** for Palm Beach County employees on the following topics:

- Compass Community Center Services for LGBTQ+ Youth
- Let's Talk About Race/Ethnicity: The Impact of Implicit Bias and Microaggressions
- Anxiety and Depression: Steps for Managing Your Mental Health
- Tapping into Your Parent Super Powers: Strategies for Getting Youth Children to Behave
- Building Family Resilience Through Empathy
- Managing Emotions During a Pandemic
- Healthy Communication
- Sleep Hygiene

