# FUN WAYS TO KEEP YOUR CHILDREN ENGAGED AT HOME



### COOK AS A FAMILY

Find opportunities to plan meals and cook together. Tip: Assign kids the task of meal planning for the family. Involve your kids in helping build the grocery list this month.

#### CONNECT WITH FAMILY AND FRIENDS USING VIRTUAL APPS



Use your favorite apps to connect with friends and family for socializing or doing homework.



# BUILD GAMES TOGETHER

Find interactive games that you can build as a family (i.e puzzles, legos, etc). Check out our friends over at 4-H for some cool ideas.

#### GARDEN TOGETHER

Have children plant seeds in a cup and watch it grow! Let your children pick what they want to grow. Pick things in season of course!



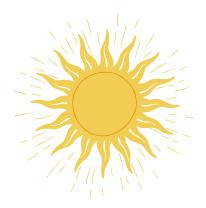


## CREATE DIY PROJECTS

Get crafty. Find projects that you can do with your children. Solicit their input. Ideas may include science experiments or arts and crafts. This doesn't have to be expensive! Find items around your home.



Take time to get some fresh air. As a family, get out and have some fun. Go for a bike ride or take a walk.



#### What are some ways you're engaging your children at home?





