

Self-Sufficiency Matrix

Income: *

- 1 - No Income
- 2 - Inadequate income and/or spontaneous or inappropriate spending
- 3 - Can meet basic needs with subsidy; appropriate spending
- 4 - Can meet basic needs and manage debt without assistance
- 5 - Income is sufficient, well managed; has discretionary income and is able to save
- 6 - Not Applicable

Employment: *

- 1 - No Job
- 2 - Temporary, part-time or seasonal; inadequate pay; no benefits
- 3 - Employed full-time; inadequate pay; few or no benefits
- 4 - Employed full-time with adequate pay and benefits
- 5 - Maintains permanent employment with adequate income and benefits
- 6 - Not Applicable

Housing: *

- 1 - Homeless or threatened with eviction
- 2 - In transitional, temporary or substandard housing; and/or current rent/mortgage is unaffordable
- 3 - In stable housing that is safe but only marginally adequate
- 4 - Household is safe, adequate, subsidized housing
- 5 - Household is safe, adequate, unsubsidized housing
- 6 - Not Applicable

Food: *

- 1 - No food or means to prepare it. Relies to a significant degree on other sources of free or low-cost food.
- 2 - Household is on food stamps
- 3 - Can meet basic food needs but requires occasional assistance
- 4 - Can meet basic food needs without assistance
- 5 - Can choose to purchase any food household desires
- 6 - Not Applicable

Childcare: *

- 1 - Needs childcare, but none is available/accessible and/or child is not eligible
- 2 - Childcare is unreliable or unaffordable; inadequate supervision is a problem for childcare that is available
- 3 - Affordable subsidized childcare is available but limited
- 4 - Reliable, affordable childcare is available; no need for subsidies
- 5 - Able to select quality childcare of choice
- 6 - Not Applicable

Children's Education: *

- 1 - One or more eligible children not enrolled in school.
- 2 - One or more eligible children enrolled in school, but not attending classes.
- 3 - Enrolled in school, but one or more children only occasionally attending classes
- 4 - Enrolled in school and attending classes most of the time
- 5 - All eligible children enrolled and attending on a regular basis and making progress
- 6 - Not Applicable

Adult Education: *

- 1 - Literacy problems and/or no high school diploma/GED are serious barriers to employment
- 2 - Enrolled in literacy and/or GED program and/or has sufficient command of English to where language is not a barrier to employment
- 3 - Has high school diploma/GED
- 4 - Needs additional education/training to improve employment situation and/or to resolve literacy problems to where they are able to function effectively in society
- 5 - Has completed education/training needed to become employable. No literacy problems.
- 6 - Not Applicable

Legal: *

- 1 - Current outstanding tickets or warrants or other serious unresolved legal issues
- 2 - Current charges/trial pending; noncompliance with probation/parole/legal issues impacting housing qualifications
- 3 - Fully compliant with probation/parole terms/ past non-violent felony convictions/ working on plan to resolve other legal issues
- 4 - Has successfully completed probation/parole within past 12 months; no new charges filed; recently resolved other legal issues.
- 5 - No felony criminal history and/or no active criminal justice involvement in more than 12 months
- 6 - Not Applicable

Health Care: *

- 1 - No medical coverage with immediate need
- 2 - No medical coverage and great difficulty accessing medical care when needed. Some household members may be in poor health
- 3 - Some members (e.g. Children) on Medicaid or other state-sponsored health insurance program.
- 4 - All members can get medical care when needed but may strain budget
- 5 - All members are covered by affordable, adequate health insurance
- 6 - Not Applicable

Life Skills: *

- 1 - Unable to meet basic needs such as hygiene, food, activities of daily living
- 2 - Can meet a few but not all needs of daily living without assistance
- 3 - Can meet most but not all daily living needs without assistance
- 4 - Able to meet all basic needs of daily living without assistance
- 5 - Able to provide beyond basic needs of daily living for self and family
- 6 - Not Applicable

Mental Health: *

- 1 - Danger to self or others; recurring suicidal ideation; experiencing severe difficulty in day-to-day life due to psychological problems
- 2 - Recurrent mental health symptoms that may affect behavior but not a danger to self/others; persistent problems with functioning due to mental health symptoms
- 3 - Mild symptoms may be present but are transient; only moderate difficulty in functioning due to mental health problems
- 4 - Minimal symptoms that are expectable responses to life stressors; only slight impairment in functioning
- 5 - Symptoms are absent or rare; good or superior functioning in wide range of activities; no more than every day problems or concerns
- 6 - Not Applicable

Substance Abuse: *

- 1 - Meets criteria for severe abuse/dependence; resulting problems so severe that institutional living or hospitalization may be necessary
- 2 - Meets criteria for dependence; preoccupation with use and/or obtaining drugs/alcohol; withdrawal or withdrawal avoidance behaviors evident; use results in avoidance or neglect of essential life activities
- 3 - Use within last 6 months; evidence of persistent or recurrent social, occupational, emotional or physical problems related to use (such as disruptive behavior or housing problems); problems that have persisted for at least one month
- 4 - Client has used during last 6 months but no evidence of persistent or recurrent social, occupational, emotional, or physical problems related to use; no evidence of recurrent dangerous use
- 5 - No drug use/alcohol abuse in last 6 months
- 6 - Not Applicable

Family Relations: *

- 1 - Lack of necessary support from family or friends; abuse (DV, child) is present or there is child neglect
- 2 - Family/friends may be supportive but lack ability or resources to help; family members do not relate well with one another; potential for abuse or neglect
- 3 - Some support from family/friends; family members acknowledge and seek to change negative behaviors; are learning to communicate and support
- 4 - Strong support from family or friends; household members support each other's efforts
- 5 - Has healthy/expanding support network; household is stable and communication is consistently open
- 6 - Not Applicable

Mobility: *

- 1 - No access to transportation, public or private; may have car that is inoperable
- 2 - Transportation is available but unreliable, unpredictable, unaffordable; may have car but no insurance, license, etc.
- 3 - Transportation is available and reliable but limited and/or inconvenient; drivers are licensed and minimally insured
- 4 - Transportation is generally accessible to meet basic travel needs
- 5 - Transportation is readily available and affordable; car is adequately insured
- 6 - Not Applicable

Community Involvement: *

- 1 - Not applicable due to crisis situation; in "survival" mode
- 2 - Socially isolated and/or no social skills and/or lacks motivation to become involved
- 3 - Lacks knowledge of ways to become involved
- 4 - Some community involvement (advisory group, support group) but has barriers such as transportation, childcare issues
- 5 - Actively involved in community
- 6 - Not Applicable

Safety: *

- 1 - Home or residence is not safe; immediate level of lethality is extremely high; possible CPS involvement
- 2 - Safety is threatened / temporary protection is available; level of lethality is high
- 3 - Current level of safety is minimally adequate; ongoing safety planning is essential
- 4 - Environment is safe, however, future of such is uncertain; safety planning is important
- 5 - Environment is apparently safe and stable
- 6 - Not Applicable

Parenting Skills: *

- 1 - There are safety concerns regarding parenting skills
- 2 - Parenting skills are minimal
- 3 - Parenting skills are apparent but not adequate
- 4 - Parenting skills are adequate
- 5 - Parenting skills are well developed
- 6- Not Applicable

Credit History: *

- 1 - No credit history
- 2 - Outstanding judgments or bankruptcy/foreclosure
- 3 - Has a credit repair plan
- 4 - Moderate credit rating
- 5 - Good credit / manageable debt ratio
- 6 - Not Applicable