

DRAFT - SUBJECT TO CHANGE

PALM BEACH COUNTY
 BOARD OF COUNTY COMMISSIONERS

WORKSHOP SUMMARY

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Meeting Date: May 21, 2024

Department Community Services Department
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I. EXECUTIVE BRIEF

Title: Overview of Behavioral Health, Substance Use and Co-Occurring Disorder Master Plan (Plan) Update and Opioid Settlement Funding Recommendations.

Summary:

The 2024 Behavioral Health and Substance Use Disorder Plan details the number of initiatives and strategies recommended to achieve a true person-centered, recovery-oriented system of care. The Plan also provides preliminary recommendations for the use of Opioid Settlement Funds. These recommendations were developed by the Palm Beach County Advisory Committee on Behavioral Health, Substance Use and Co-Occurring Disorders (BHSUCOD), community members, key stakeholders and facilitated by Palm Beach County Community Services staff. The development of the 2024 Plan was built upon the 2022 Plan foundation and continued the well-established process of receiving regular input from community members through monthly facilitated BHSUCOD full member meetings, sub-committee meetings open to community member participation and community forums. A draft of the 2024 Plan was publicly released in advance of BHSUCOD review and discussion at its March 14, 2024 Special Meeting. The Plan includes overarching priority recommendations as well as recommendations for opioid settlement funds, prevention and education, public policy, public safety and the justice system, treatment and recovery, essential services, evaluation and monitoring, faith-based engagement and the addiction stabilization unit. (Community Services Department) Countywide (HH)

Justification: In 2022, the Palm Beach County Board of County Commissioners (BCC) designated the Palm Beach County Community Services Department (CSD) as the lead entity for planning, administration, coordination and contracting of behavioral health and substance use disorder services in Palm Beach County. The BCC also established BHSUCOD on November 1, 2022 to enhance the County's capacity and effectiveness in formulating a comprehensive, integrated, and effective behavioral health, substance use and co-occurring disorders prevention, treatment, support and recovery plan. On November 15, 2022, the BCC approved the Behavioral Health, Substance Use Disorder and Co-Occurring Disorder 2022 Master Plan. BHSUCOD and the Master Plan were developed to satisfy the State of Florida's Opioid Settlement Clearing Trust Fund requirement pursuant to section 17.42 (4) Florida Statutes (2022). Over the past 18 months, CSD, in collaboration with the BHSUCOD, community members and key stakeholders underwent a process to update the Master Plan, which includes recommendations for Opioid Settlement Funds. The process included a two week public comment period after the BHSUCOD's initial review and discussion on March 14, 2024. The BHSUCOD considered CSD staff analysis of the comments at its April 11, 2024 Regular Meeting and approved incorporating identified themes identified from this analysis.

Attachments: 1. 2024 Behavioral Health and Substance Use Disorder Master Plan
 2. Opioid Settlement Expenditure Recommendations
 3. Presentation
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Recommended By:  5/13/2024
 Department Director Date

Approved By: _____
 Assistant County Administrator Date

II. FISCAL IMPACT ANALYSIS

A. Five Year Summary of Fiscal Impact:

Fiscal Years	2024	2025	2026	2027	2028
Capital Expenditures					
Operating Costs					
External Revenues					
Program Income (County)					
In-Kind Match(County)					
NET FISCAL IMPACT					
#ADDITIONAL FTE POSITIONS (CUMULATIVE					

Is Item Included in Current Budget? Yes _____ No _____
 Does this item include the use of federal funds? Yes _____ No _____
 Does this item include the use of state funds? Yes _____ No _____

Budget Account No:

Fund _____ Department _____ Unit _____ Object _____ Program Code _____
 Program Period _____

B. Recommended Sources of Funds/Summary of Fiscal Impact:

C. Departmental Fiscal Review: _____
 Julie Dowe, Director of Finance and Support Services

III. REVIEW COMMENTS:

A. OFMB Fiscal and/or Contract Dev. and Control Comments:

_____ OFMB _____ Contract Dev. & Control

B. Legal Sufficiency

 Assistant County Attorney

C. Other Department Review

 Department Director

(THIS SUMMARY IS NOT TO BE USED AS A BASIS FOR PAYMENT.)



Palm Beach County
**COMMUNITY
SERVICES**

Helping People Build Better Communities



May 21, 2024

BEHAVIORAL HEALTH AND SUBSTANCE USE DISORDER PLAN 2024

ADVANCING A RESILIENCE AND RECOVERY ECOSYSTEM OF
CARE, ONE INITIATIVE, ONE INDICATOR AT A TIME



FLORIDA STATISTICS

Adults With Any Mental Illness (AMI)

Rank 1 Florida Percentage of population 17.49 Number 2,985,000

Ranges from: 17.49% (FL) to 29.68 % (UT)

Adults With Substance Use Disorder in the Past Year

Rank 11 Florida Percentage 14.81 Number 2,541,000

Ranges from: 11.31% (GA) to 21.21% (DC)

Youth Prevalence of Mental Illness

Youth With At Least One Major Depressive Episode (MDE) in the Past Year

Rank 13 Florida Percentage 15.51 Number 225,000

Ranges from: 12.57% (NJ) to 21.13% (OR)

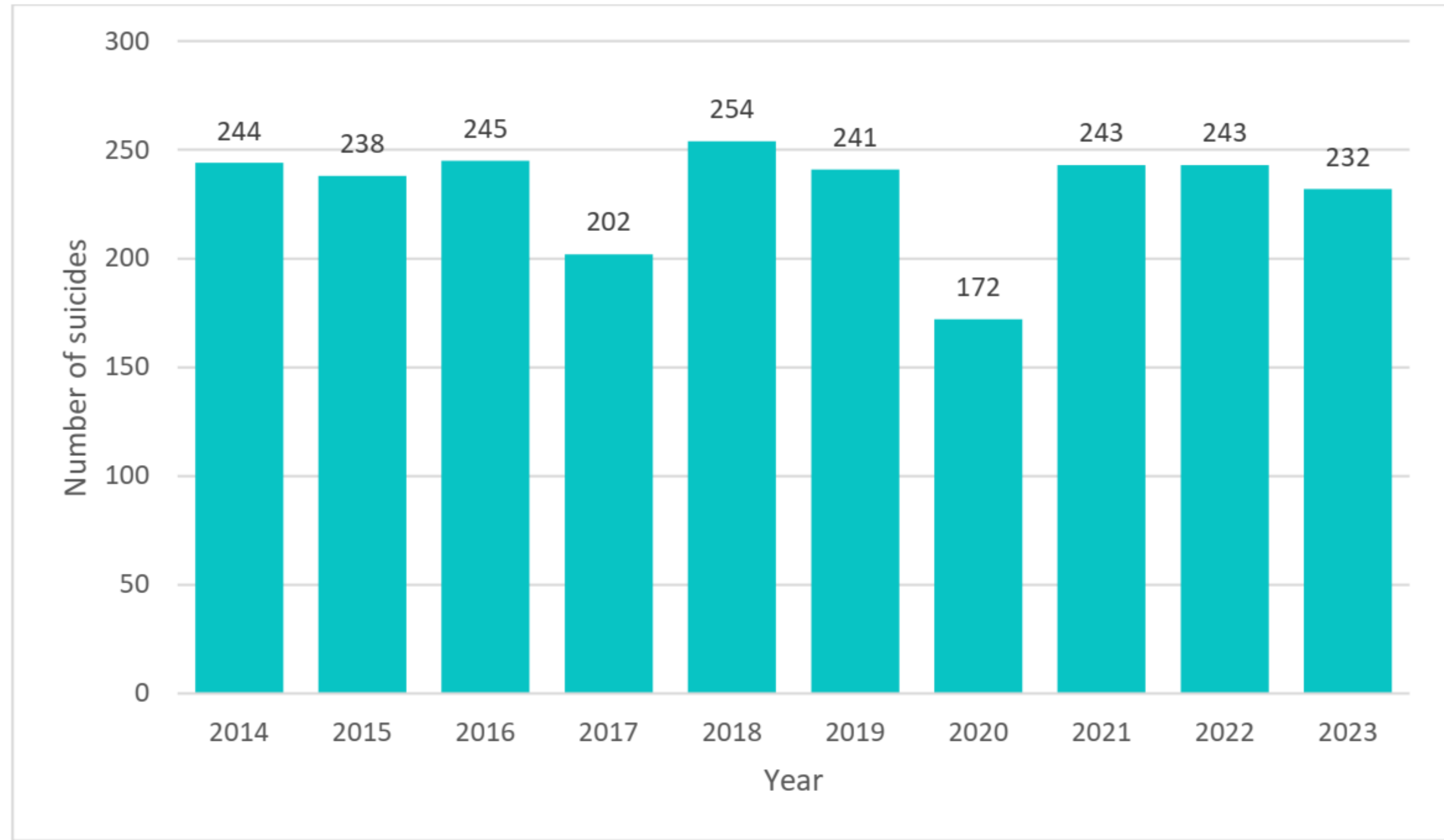
Youth With Substance Use Disorder in the Past Year

Rank 13 Florida percentage 5.99 Number 87,000

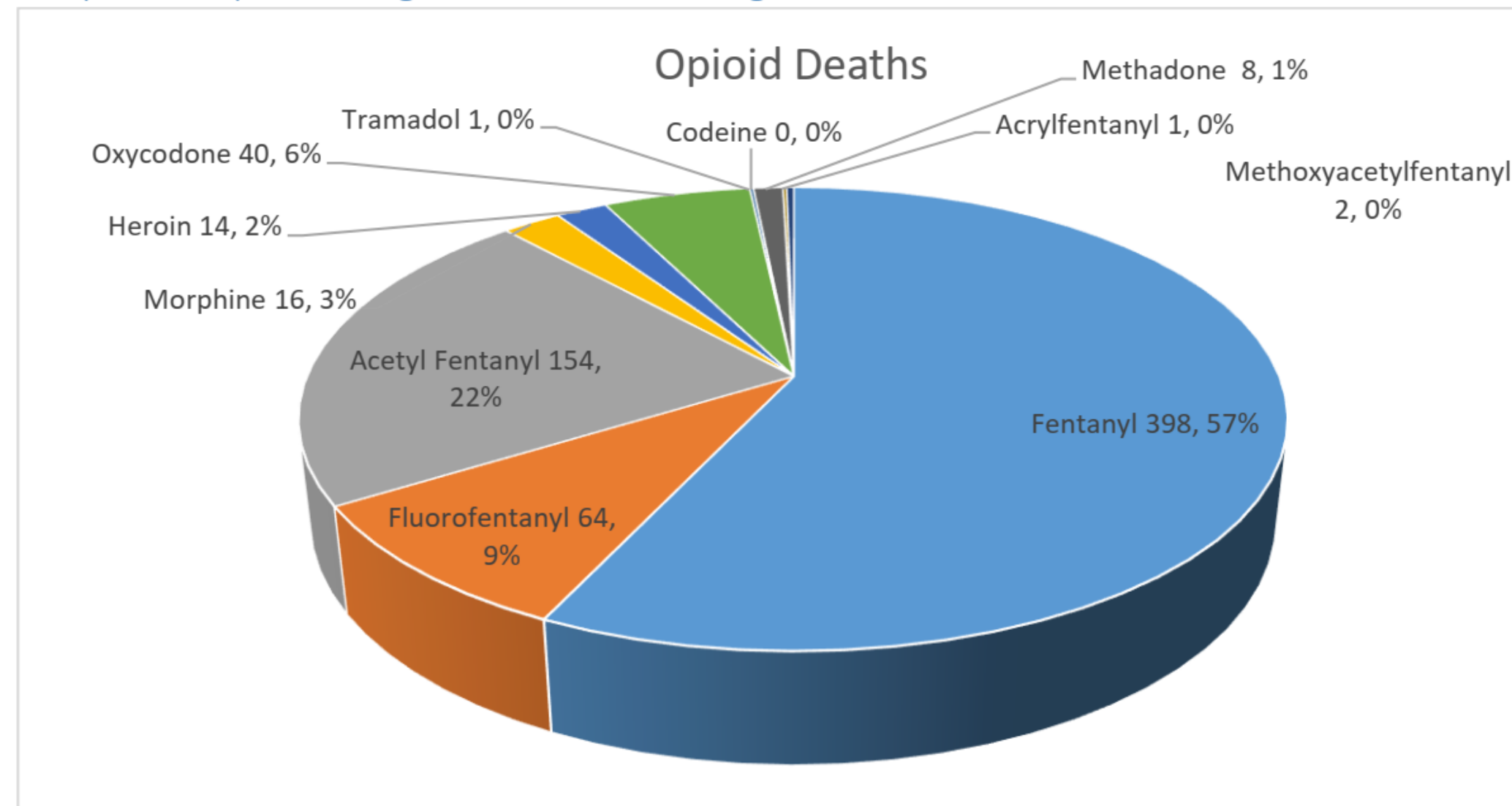
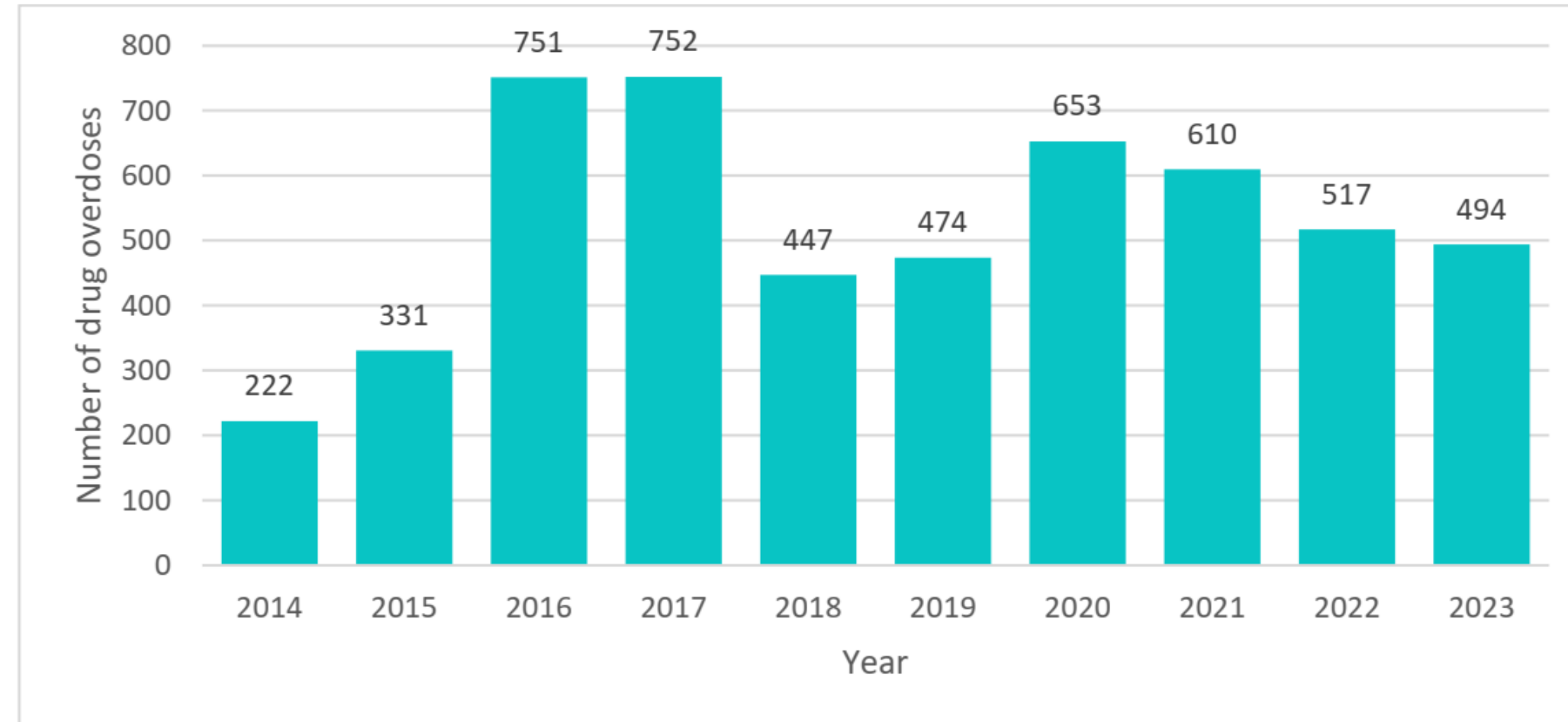
Ranges from: 3.94% (DC) to 9.05% (KS)



Graph 6: Annual Suicide Totals for 2014-2023



Graph 13: Annual Accidental Drug Overdose Totals for 2014-2023



Recovery Capital Index®

Personal Capital

General Health
Mental Wellbeing
Nutrition
Employment
Education
Housing Situation
Transportation
Clothing
Financial

Social Capital

Family Support
Significant Other
Social Support
Social Mobility
Healthy Lifestyle
Access to Healthcare
Safety

Cultural Capital

Beliefs
Spirituality
Sense of Purpose
Cultural Relevance
Sense of Community
Values

Recovery Capital: Integrating and Measuring Resilience and Risk

5 Indicators of Resilience	Avg.
Sense of Purpose	79.0
Beliefs	74.36
Safety	70.27
Healthy Lifestyle	70.06
Values	69.64

5 Indicators of Risk	Avg.
Financial Wellbeing	39.87
Employment	48.46
Housing/Living Situation	50.42
Transportation	53.75
Access to Healthcare	54.98

Domains	Avg.
Cultural Capital	71.73
Social Capital	62.96
Personal Capital	55.26
Total RCI	63.32



BHSUCOD OVERVIEW

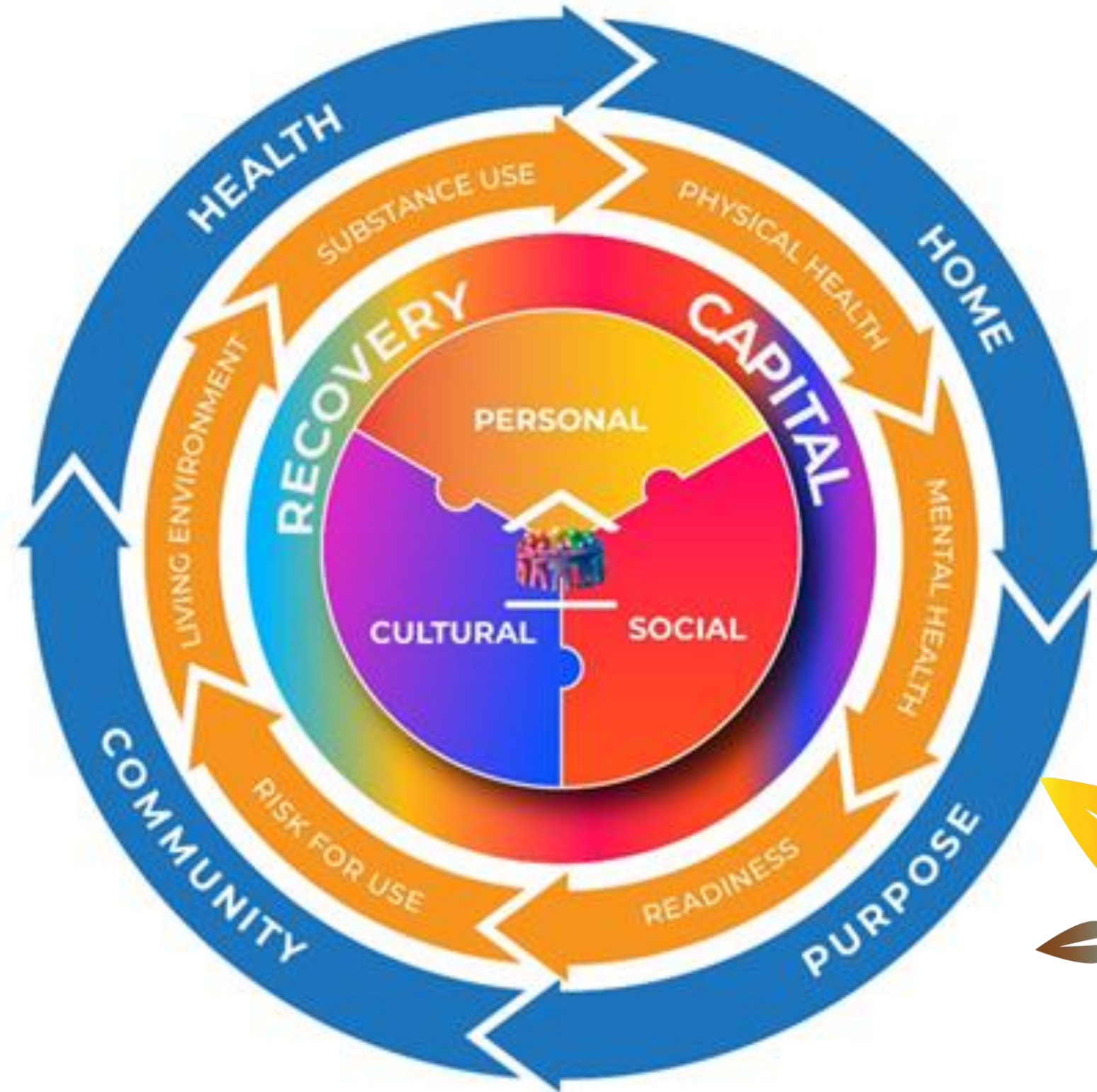
Creating and Maintaining Palm Beach County's Opportunity, Resilience and Recovery Ecosystems

SAMHSA definition of recovery from mental disorders and/or substance use disorders
“A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.”

Dimensions supporting a life in recovery

- HEALTH
- HOME
- COMMUNITY
- PURPOSE

Resilience becomes a key component of recovery



BHSUCOD Overv

- **Past distinction: epi-center of overdose deaths in Florida and fraud and abuse in the treatment and recovery residence sector nationally.**
- **Current distinction: Palm Beach County looked to for leadership in person-centered, recovery-oriented, and crisis care**
- **Board of County Commissioners leadership through:**
- **Approved 2017 Opioid Response Plan**
- **Approved behavioral health and substance use disorder as a strategic priority since 2019**
- **Major goal: establish person-centered, recovery-oriented system of care**
- **Approved Behavioral Health and Substance Use Disorder Plan 2022**
- **Established Advisory Committee on Behavioral Health, Substance Use and Co-Occurring Disorders (BHSUCOD)**
- **Declared expressed approval of a person-centered, recovery-oriented system of care.**

BHSUCOD OVERVIEW (CONT)

- Operationalized as Steering Committee in 2019, developed 2022 Plan.
- Operationalized as Advisory Committee in January 2023.
- Enhance the County's capacity and effectiveness in formulating behavioral health and substance use disorder policies.
- Offer recommendations regarding the County's provision of services to its citizens.
- Make recommendations on responding to the opioid epidemic, as provided in section 17.42 of the Florida Statutes (2022).



BHSUCOD OVERVIEW (CONT)

- Community Input Sessions
- Reviewed and Analyzed Data
- Subcommittee discussions
- Develop priority and settlement fund recommendations
- BHSUCOD
- Discussion and public comment (Mar. 14)
- Comment period through Mar. 29. at 5:00 pm
- 2nd reading, Consider public comments, additional public comment (Apr. 11)
- Approval, Special meeting, (May 9)
- Board of County Commissioners approval (date TBD)

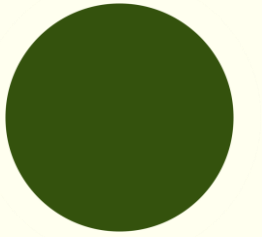


PLAN OVERVIEW 2024

- Details initiatives and outcomes to achieve BCC aim to establish person-centered, recovery-oriented system of care and resilience/recovery ecosystem that creates recovery-ready communities.
- Details recommendations regarding the County's provision of services.
- Details recommendations on responding to the opioid epidemic, as provided in section 17.42 of the Florida Statutes (2022).
- Mindful settlement funds realized due to malfeasance resulted in untold loss, death and devastation wreaked upon individuals, families and communities.
- Recommendations through a recovery capital framework and ability to capture resilience, health, well-being, SDOH and risk factors.
- Supported by county-based and national research and informed by direction set by the federal government.



OVERARCHING PRIORITY RECOMMENDATIONS



1

BCC enactment of ordinance designating lead entity granting it leadership, budget, planning and monitoring authority.

2

Advocate for policies and legislation which advance person-centered, recovery-oriented systems of care and essential services that meet individual's needs and are readily accessible and integrated.

3

Identify and provide sustainable resources (essential services) for individuals re-entering the community such as those provided through the Community Services Department's federal grant research project, Comprehensive Opioid, Stimulant, Substance Abuse Program (COSSAP). (Housing and peer support, care coordination, flex funds).

4

Implement person-centered, recovery-oriented system of care that is readily accessible and integrated inclusive of Neutral Care Coordination; Care Provider Network and Recovery Supports to ease transitions and continuity of care, remove barriers and improve longterm recovery outcomes.

OVERARCHING PRIORITY RECOMMENDATIONS (2024)

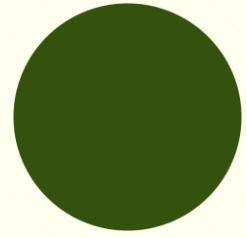
- BCC enactment of ordinance designating lead entity granting leadership, budget, planning and monitoring authority.
- Advocate for policies and legislation which advance person-centered, recovery-oriented systems of care and essential services that meet individual's needs and are readily accessible and integrated.
- Identify and provide sustainable resources (essential services) for individuals re-entering the community such as those provided through the Community Services Department's federal grant research project, Comprehensive Opioid, Stimulant, Substance Abuse Program (COSSAP). (Housing and peer support, care coordination, flex funds).



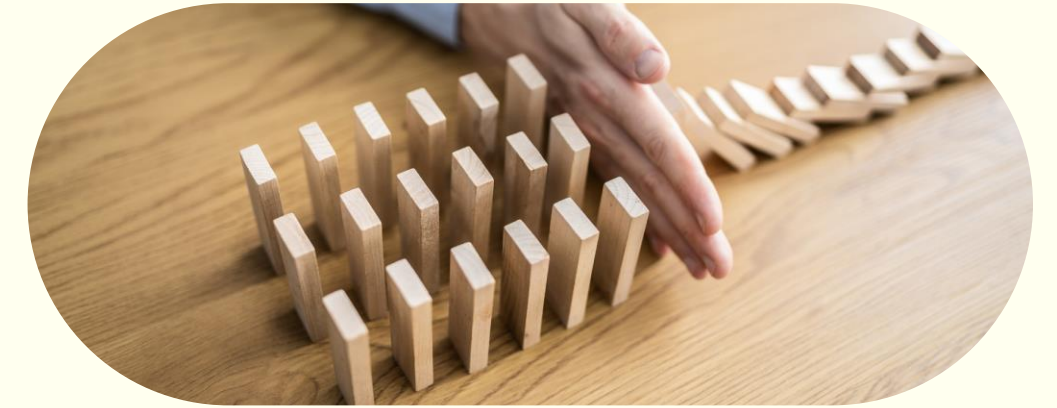
OVERARCHING PRIORITY RECOMMENDATIONS (2024)

- Recommendation to BCC that the County lead and/or su comprehensive planning process between SEFBHN, HCD and other community partners to drive alignment, coordination, shared commitments, shared accountability, and clarify roles and responsibilities.
- Implement person-centered, recovery-oriented system of readily accessible and integrated inclusive of Neutral Care Coordination; Care Provider Network and Recovery Supports transitions and continuity of care, remove barriers and improve recovery outcomes.





PREVENTION & EDUCATION PRIORITY RECOMMENDATIONS 2024

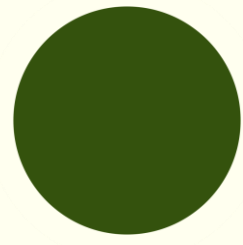


Educate the community regarding:

- **Impact of substance use on brain development.**
- **Narcan deployment, safe storage / disposal of prescription drugs (i.e. pill drops and drug take back programs)**
- **How to select providers, avoid unethical providers; and, navigate**
- **insurance coverage.**

Engage community (youth included) and professionals reflective of Palm Beach County to participate, increase awareness, and ensure ongoing voice and choice.

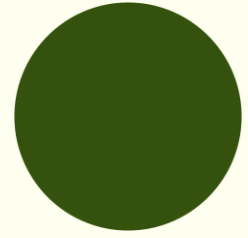




PREVENTION & EDUCATION PRIORITY RECOMMENDATIONS 2024

- **Foster partnerships among schools, mental health organizations, healthcare providers, and community groups to create a network of support for youth mental health.**
- **Support/enhance integrated services in Palm Beach County schools.**
- **Support various outlets in community locations that are easily accessible for youth to express and receive support for their behavioral health needs including the arts, exercise, parks, etc.**
- **Advocate for family trainings and programs in schools and community-based spaces (recreation centers, religious institutions, grassroots organizations) where families are already.**

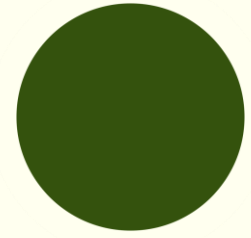




PREVENTION & EDUCATION PRIORITY RECOMMENDATIONS 2024

- **Rethink how providers can be available to deliver services, so they are inclusive and meet the diverse needs of the community.**
- **Develop non-traditional supports, like peer-to-peer support, to enhance the care system, offer more paths to help, and combat workforce shortages.**
- **Support campaigns like the Get Your Green On campaign to spread awareness, encourage open discussion about mental health and trauma, and destigmatize challenges.**
- **Educate on Adverse Childhood Experiences (ACEs) and the need for trauma-informed care.**



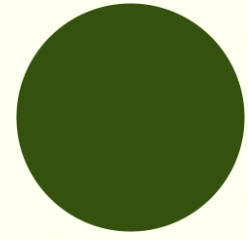


PREVENTION & EDUCATION PRIORITY RECOMMENDATIONS 2024



- **Emphasize the importance of coping and self-care plans in building resilience.**
- **Support behavioral health technicians' curriculum for high school students and promote MH and SUD professional internships.**
- **Expand and support mental health first aid with a goal of one in fifteen citizens in Palm Beach County trained in MHFA, youth MHFA, or other versions.**



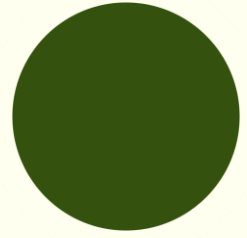


PUBLIC POLICY RECOMMENDATIONS 2024

Advocate for policies and legislation that improve standards of care including: integration of behavioral and primary health care; adoption of standards of care that are person-centered and recovery-oriented aimed at improving long-term outcomes; and, requirements needed for provider licensure.

Advocate for Medicaid expansion.

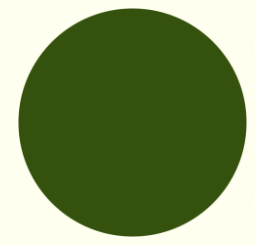




PUBLIC POLICY RECOMMENDATIONS 2024 (CONT.)

- **Recommendation to BCC that the County lead and/or support comprehensive planning process between the managing entity, Health Care District to drive alignment, coordination, shared commitments, shared accountability, and clarify roles and responsibilities.**
- **Engage Palm Beach County policy makers by disseminating Plan and its recommendations.**
- **Research, evaluate and recommend changes to federal law mandating 20-year sentence for individuals convicted of death or injury as a result distributing illicit drugs.**
- **Add membership to BHSUCOD for individuals or family members of individuals with significant mental illness.**

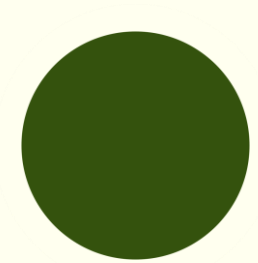




JUSTICE SYSTEM & PUBLIC SAFETY PRIORITY RECOMMENDATIONS

- **Identify / develop alternative community placements in areas where there are few if any available.**
- **Identify and provide sustainable resources (essential services) for individuals re-entering the community such as those provided through the Community Services Department's federal grant research project, Comprehensive Opioid, Stimulant, Substance Abuse Program (COSSAP). (Housing and peer support, care coordination, flex funds).**
- **Advocate for the Palm Beach County Sheriff's Office to carry and use Narcan when responding to overdose calls.**

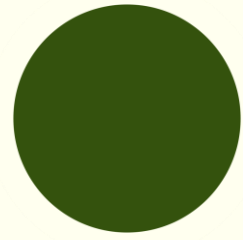




JUSTICE SYSTEM & PUBLIC SAFETY PRIORITY RECOMMENDATIONS

- **Work with law enforcement and courts to intervene with offenders' misdemeanors earlier and provide treatment options.**
- **Demonstrate results through efforts like COSSUP and MAPS.**
- **Fund more peer-to-peer efforts in SUD, MI, justice and corrections.**

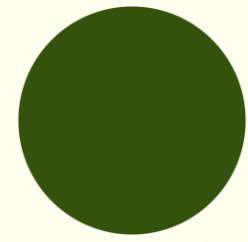




TREATMENT & RECOVERY PRIORITY RECOMMENDATIONS 2024

- Advocate for increased Medication Assisted Treatment (MAT) through mobile services which will help individuals who are without transportation and need the continuing support of MAT.
- Implement person-centered, recovery-oriented system of care that is readily accessible and integrated inclusive of Neutral Care Coordination; Care Provider Network and Recovery Supports to ease transitions and continuity of care, remove barriers and improve long-term recovery outcomes.
- Develop communication protocols and Memoranda of Understanding (MOU) across provider and funding entities that will facilitate information sharing that allows for seamless transition of clients from one service or provider to another, based on individualized treatment and recovery plans, with appropriate warm hand-offs

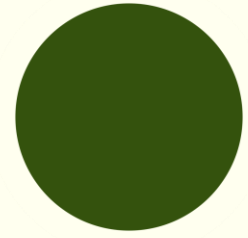




TREATMENT & RECOVERY PRIORITY RECOMMENDATIONS 2024 (CONT)

- Advocate for options for MAT and evaluate efforts
- Target efforts to address use disorder and pain to prescribers and support the medical community in peer education.
- Integrate trauma-informed care.
- For individuals with serious mental illness allow coordination with family members into the EMBARCC program.





ESSENTIAL SERVICES PRIORITY RECOMMENDATIONS

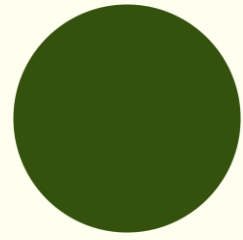
- **Develop, identify, and maintain a real-time inventory (dashboard) of affordable, safe housing (recovery, supportive, transitional and permanent) for persons in recovery and other persons in recovery with diverse needs. (I.e. pregnant women, women with children, families, LGBTQ+, MAT, co-occurring).**
- **Identify and disseminate resources to persons in recovery, providers and others related to technical and career training as well as employment services.**
- **Establish an Ombudsman and processes to assist individuals removed from, or at risk of being removed, from their housing.**



ESSENTIAL SERVICES PRIORITY RECOMMENDATIONS (CONT)

- Create an up-to-date list of mental health, substance use and co-occurring recovery-oriented care options in the County.
- Implement a housing pilot program.
- Support permanent affordable and supportive housing.
- Encourage medical providers to include social determinants of health in diagnosis.
- Continue to increase behavioral and mental health supports in the community and in schools.

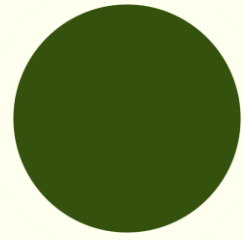




EVALUATION & MONITORING PRIORITY RECOMMENDATIONS

- Collaborate, coordinate, evaluate and disseminate with the Department of Health (O2DA) to obtain and share timely mental and/or substance disorder related data (i.e. RCI, overdose, Narcan deployment, mobile crisis, ER visits) from hospitals, fire rescue, law enforcement, Health Care District, Southeast Florida Behavioral Health Network and Medical Examiner's Office through a dashboard and other means.
- Identify entities that are currently not reporting data and advocate for them to be required to do so.
- Deploy RCI specifically with providers and more broadly in the community in order to collect data to determine success in achieving improvements in long-term recovery outcomes as well as overall community wellness.





EVALUATION & MONITORING PRIORITY RECOMMENDATIONS (CONT)

- **Dashboard for shared data.**
- **Evaluate number of MAT options available to individuals.**
- **Maximize use of research and RCI data to improve the health and wellness of clients, program participants, policy makers, families, communities, and partners.**
- **Expand data collection systems to include data on mental health such as including data from the mobile response teams.**



FAITH BASED PRIORITY RECOMMENDATIONS (2024)

- Engage faith leaders and organizations in the update of the Master Plan and support faith efforts to serve communities.
- Deploy RCI specifically with faith-based entities in the community in order to collect data to determine success in achieving improvements in long-term recovery outcomes as well as overall community wellness.
- Advocate funding for Pastor Associations to educate church leaders about recovery-centered resources including Hubs, trauma informed care and importance of destigmatizing substance use and behavioral disorders.
- Identify associations or agencies specific to various faith groups to take the lead in community education for their faith group.



ADDICTION STABILIZATION UNIT PRIORITY RECOMMENDATIONS (2024)

- In partnership with the Health Care District, contract with one emergency department to serve as an addiction stabilization unit and train fire rescue accordingly.
- Connect emergency services to an outpatient facility and provide case management and social work assistance.
- Complete an after-action review to assess the use of the model and lessons learned.



SETTLEMENT FUNDS

- Interlocal Agreement with Municipalities

- Qualified County

- Qualified county must enter into an agreement with municipalities whose populations, taken together, contain more than 50% of the municipalities total population

- County must have an abatement plan and a task force that advises, plans and provides for programs relating to the abatement of opioid abuse and other substance abuse throughout PBC

- Opioid Settlement Funds must be expended in Palm Beach County

- County must provide legal services, contract management, program monitoring and reporting required by the Florida Plan

- Recommendations are integrated into 2024 Plan's overarching and priority recommendations
- Foundation established for approved uses

No Direct Funds

1. Atlantis
2. Belle Glade
3. Briny Breezes
4. Cloud Lake
5. Glen Ridge
6. Golf
7. Haverhill
8. Hypoluxo
9. Juno Beach
10. Jupiter Inlet Colony
11. Lake Clarke Shores
12. Lantana
13. Manalapan
14. Loxahatchee Groves
15. North Palm Beach
16. Mangonia Park
17. Palm Beach Gardens
18. Pahokee
19. Palm Beach Shores
20. Tequesta
21. Westlake

SETTLEMENT FUNDS



City/County

\$1,252,081.64 (year 1)
2,814,714.93 (year 2)
4,066,796.57 (sub-total)
24,791,658.48 (18 years)

Regional/Abatement

\$14,575,999.21 (year 1)
6,882,120.16 (year 2)
21,458,119.37 (sub-total)
97,694,428.99 (18 years)

Total to Date: \$25,524,915.94



SETTLEMENT FUNDS

Part One: Treatment

- Treat Opioid Use Disorder
- Support People in Treatment and Recovery
- Connect People Who Need Help to the Help They Need (Connections to Care)
- Address the Needs of Criminal-Justice-Involved Persons
- Address the Needs of Pregnant Women and Their Families, Including Babies with Neo-Natal Abstinence Syndrome

Part Two: Prevention

- Prevent Over-prescribing and Ensure Appropriate Prescribing and Dispensing of Opioids
- Prevent Misuse of Opioids
- Prevent Overdose Deaths and Other Harms (Harm Reduction)

Part Three: Other Strategies

- First Responders
- Leadership, Planning and Coordination
- Training
- Research

OPIOID SETTLEMENT RECOMMENDATIONS (2024)

- Provide sustainable resources (essential services) including housing, peer support, care coordination, and flex funds which mirrors the federal COSSUP program.
- Housing should be focused on stable placement as well as affordability and should include transitional, recovery, supportive living and permanent opportunities for individuals with substance use and mental disorders, returning individuals with justice placements, seniors who are under strict financial pressures and living on fixed incomes and youth aging out of foster care.
- Coordination with the Department of Housing and Economic Development, municipalities and other housing funding sources to support expanding housing opportunities for individuals with substance use and behavioral disorders.

OPIOID SETTLEMENT RECOMMENDATIONS (2024)

- Establish a non-conflicted neutral care coordination entity serving as a single point of contact providing assessment, level of care determination, referral, prior authorization and payment of certain care, and, care monitoring across clinical and non-clinical recovery support and social services.
- Expand Syringe Services Program capacity and opportunities.
- Expand comprehensive recovery and treatment services, including MAT, for populations with substance use and co-occurring disorders demonstrating high need and prioritizing pregnant and parenting women.
- Promote recovery-ready work environments and expand transportation and employment opportunities for individuals with SUD and co-occurring MH conditions.
- Create public awareness campaigns that promote recovery-ready communities focused on improving mental as well as overall health and wellness in order to build resilience in individuals and communities.



OPIOID SETTLEMENT RECOMMENDATIONS (2024)

- Create and/or support community-based education or support services for families, youth, and adolescents at risk for SUD and any co-occurring MH conditions which builds resilience, recognizes adverse child experiences and is trauma-informed.
- Expand County's MH/SUD research capacity and enhance its monitoring, surveillance, data collection, and evaluation capabilities in conformance with SAMHSA quality assurance guidelines and other evidence-based methodologies.
- Create and/or support community based education to increase awareness and ability to recognize warning signs of different stages for both behavioral and substance use issues.
- Opioid settlement funds should be spent as follows: 90% on social determinants of health prioritizing housing, recovery supports, care coordination and environmental strategies to include youth, families and community education 10% on deep-end and crisis care.

OPIOID SETTLEMENT RECOMMENDATIONS (2024)

Opioid Settlement Funding Recommendations
 \$25,459,685 received to date (Years 1 & 2)

90% Social Determinants of Health*	10% Deep End/Crisis Care*
Neutral Care Coordination	Medical Detox
Housing Supports	Partial Hospitalization
Fire Rescue Mobile Integrated Health	Adult Intensive
Recovery Community Centers	
FARR Recovery Residences	
RCI Integration	
FAU Research and Outcome Evaluation	
Education and Awareness Campaigns	
Program Administration	
Peer Supports	

*These are examples. All specific allocations will be brought to the BCC for approval.

\$10,000,000 ARPA Allocation for Health Care District Central Receiving Facility/Behavioral Health campus

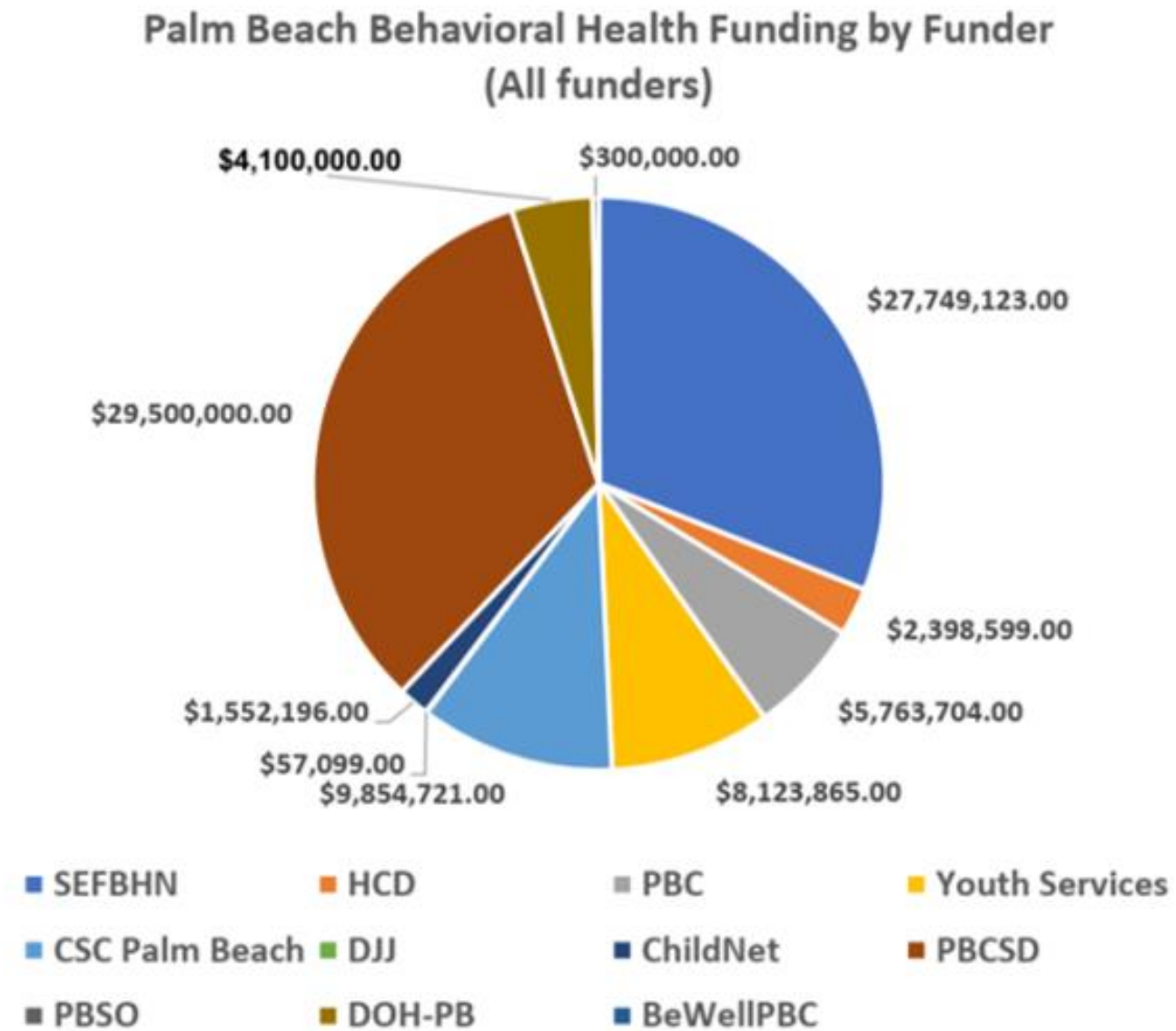


AD VALOREM & SETTLEMENT FUNDS ALLOCATION PROCESS

- Discuss Timeline with BHSUDCD Advisory Committee
- Host Meeting to Discuss the Notice of Funding Opportunity and to Highlight Strategic Priorities
- Issue NOFO
- Review Proposals (with selected review committee which usually includes 1 BHSUDCD board member, 1 Subject Matter Expert and 1 CSD staff member)
- Share Recommendations with the BHSUDCD
- Bring Recommendations to the Board of County Commissioners for final approval

* Only nonprofit organizations are eligible to apply for NOFO

Funding for Behavioral Health and SUD

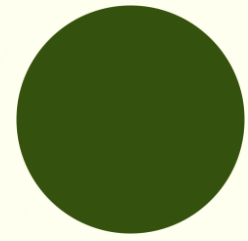


2019 Behavioral Health Needs Assessment conducted by Ronik-Radlauer

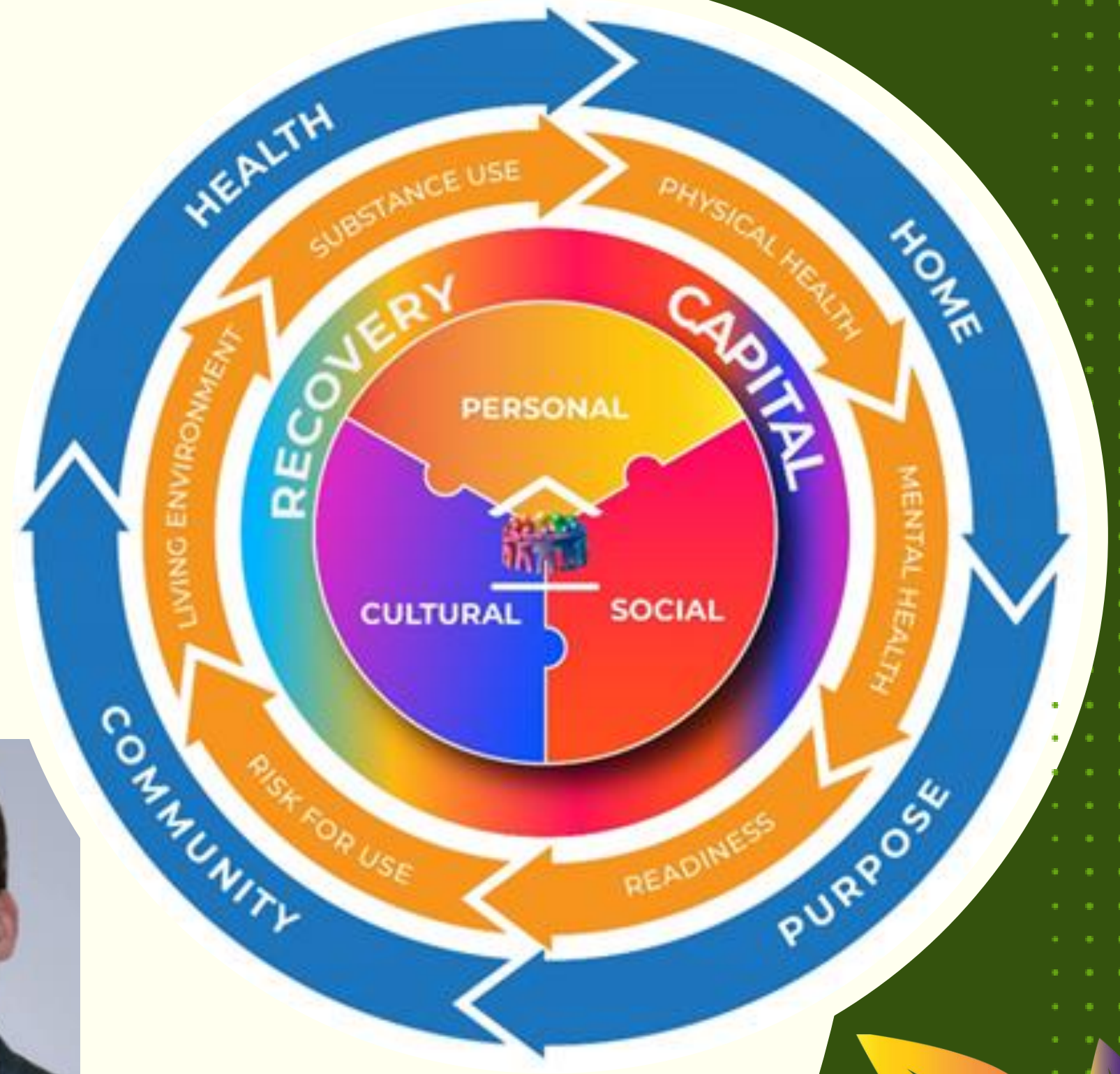




QUESTION AND ANSWER



THANK YOU



www.pbcgov.com/communityservices



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